

# **BULLYING AS SEEN IN PENELOPE DOUGLAS'S *BULLY*: A PSYCHOLOGICAL APPROACH**

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## **ABSTRACT**

This paper entitled "Bullying as Seen In Penelope Douglas's *Bully*: A Psychological Approach". The objectives of the study is to describe the practices of bullying in the novel *Bully* by Penelope Douglas. The type of the study is library research and applies descriptive qualitative method. The subject of the research is focused in the novel *Bully*. The object of the research is practices of bullying in the novel using psychological approach. Some of the important paper findings are presented as follows: practices of bullying in the novel are: (1) physical bullying, (2) verbal bullying, (3) social bullying.

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## **1. INTRODUCTION**

School is a place for the implementation of education, It turns out that it is not merely a place for teaching and learning. Indeed, a deviation behavior of violence, such as bullying, brawls, fighting, etc, are mostly carried out and start from the school. Students lack understanding makes them unable to prevent themselves from it.

nowadays bullying frequently happens in schools. The issues of bullying have never subsided. Indeed, the number of bullying victims is currently increasing. In an anonymous survey with over 150,000 children and youth, Olweus found that approximately 15% of the students in elementary and lower secondary school (roughly corresponding to ages 8-16) had been involved in problems with bullying with some regularity (Olweus, 1993a). Nine percent had been bullied by peers, 7% had bullied others, and 2% had been bullied and had bullied others.

According to Olweus, Dan (1993) the bullying is also often been used when one person picks on harasses, or pester another. Even if this usage is not quite adequate from a linguistic point of view, Olweus believe it is important to include in the concept of "mobbing" or bullying both the situation in which a single individual harasses another and that in which a group is responsible harassment. The number of cases of violence that occur in school makes education less optimal.

## **2. RESEARCH METHOD**

This research can be classified into library research because of the data sources are gathered from library. The sources of data are from the libraries and other from electronic source or internet. The primary data is taken from the novel *Bully*. The researcher uses different techniques in collecting data. They are visiting library, reading sources, making notes, and exploring internet. The secondary data are taken from the relevant books, journals, and internet which are suitable to support this research. The data analyzing method is using descriptive qualitative. The descriptive qualitative research is the technique which is states by sentence or describe by explanation.

### **3. THEORETICAL FRAMEWORK**

#### **A. Theory of Bullying**

According to Olweus (1993) "bullying is a complex and heterogeneous phenomenon that directly affects hundreds of millions of people each year. The importance of bullying has led to research in the last two decades that has produced hundreds, if not thousands."

"bullying is a problem in many schools, he refused to give in to bullying and threats. Bullying itself is an action or behavior carried out by hurting in certain forms, and most bullying occurs in schools or in the environment of friends, usually the person being bullied is physically or mentally weak. Bullying usually involves power and power that is not balanced, so that the victim is in a state of being unable to defend themselves effectively to counter the negative actions received". (Hornby, 2010)

bullying is divided into three types, they are (1) physical bullying, (2) verbal bullying, (3) Social bullying (Coloroso 2007).

##### **1. Physical bullying**

Physical bullying is the most visible and most identifiable type of bullying among other forms of bullying. Such as act of beating, strangling, elbowing, punching, kicking, damaging and destroying the property.

##### **2. Verbal bullying**

Verbal bullying is one of the easiest types of bullying to do. The types of bullying are the form, reproaches, slanders, cruel criticism, insult, statement such as sexual solicitation or sexual harassment, and terror.

### 3. Social bullying

Social bullying is a type of bullying that is often veiled. These actions can be carried out without having to be seen by the victim. Examples of social bullying action are like: causing rumors that are not true, throwing bad jokes, inviting others to excommunicate someone, giving threatening or insulting gestures, impersonate the purpose of insulting or harassing.

### B. Psychological Approach

The researcher uses a psychological approach to support this research. The researcher put several theories in this research. "Etymologically, psychology comes from the word 'psyche' and 'logos'. Psyche, means psychic and logos a science. This knowledge learners about the function of psyche of health people, talks about the relationship of mean behavior to the other human. It comprises everything relate to the feeling, fantasies, etc. the word psychological is from Greek "psyche" and "logos". Psyche means a science psychology means a science or study about a prose of human soul, spirit mental, nature or mine." (Hornby, 1987:697)

## 4. FINDINGS AND DISCUSSION

The researcher tries to find out the practices of bullying by Tate as the main character. The practices bullying of Tate are:

### 1. Physical Bullying

"shh," Nate implored as I tried to push myself away. His breathing echoed in my ear, and he reeked of alcohol. "Tate, I've wanted you for so long. You know that. How about you put me out of my misery, and let me to take you home?" his nose was in my ass I stiffened." (Penelope, 2019:194)

The quotation above tells when Tate was annoyed with her friends because none of their spells wanted to be invited home. So Tate tried to find a way, he could go home immediately by walking along the quiet and unabated footpath, when Tate was walking suddenly someone appeared from behind and hugged her. That is Nate, at that moment Nate tried to seduce Tate and he said he had wanted Tate for a long time. Nate tried to rape Tate, at the time Nate was so drunk. Nate began to grope Tate's body which made her stiff, Tate tried to stop his action by lifting her knees between Nate's legs but that didn't work because his legs were too close with her. Nate said to stop fighting him because what Tate was doing would only be in vain.

"In an instant, he pushed off the lockers and invaded my space. Walking up to me, he placed his hands against the locker doors on both sides of my head with his eyes glaring down at me. I suddenly forgot how to breath. "Don't touch me." I'd meant to yell, but it came out as a whisper. Even with my eyes to the floor, I could feel the heat of his stare mauling me as he hovered. Every nerve in my body was on alert at his proximity, and every little hair on my skin stood on end." (Penelope, 2019:62)

The quotation above tells when Jared suddenly entered the girl's dressing room and entered in the room, he immediately pushed Tate away and locked Tate with both hands so Tate couldn't do anything that made her forget to breathe. At the moment Tate wanted to scream but what she said only came out as a whisper. She could feel the heat from the gaze of molesting Tate when she floated, and made all the little hair on her skin stand up. She didn't know what Jared would do to her.

"His hand glided down my back and quickly descended to my rear. I sucked in another breath. *Son of a bitch!* Did he really

just grab my ass? Without my permission? In public? *Oh, no.* then, he squeezed.” (Penelope, 2019:55)

The quotation means when Madoc tries to harass Tate by trying to hold Tate’s buttocks in public. Tate could not believe what Madoc was doing he had embarrassed her in public, he touched her without asking permission from Tate. When Madoc starts his action Tate grabs Madoc’s shoulder and raises his knee, she hits his crotch cramped and Madoc shout and kneels, he groans while holding his crotch.

## 2. Verbal Bullying

“hey, would you mind grabbing my keys down there, please?” I asked. The guy turned his eyes on Jared, who sat quietly back, watching the scene, and retreated from me like a coward.

Great. No pole, no help. Jared wanted to see me get wet.

“come on, Tate. Strip down, and go get your keys,” Madoc shouted from Jared’s table.” (Penelope, 2019:22-23)

The quotation above tells when Madoc threw Tate’s car keys into the pool, and when Tate asked for help from people who were swimming none of them wanted to help her because they were afraid of Jared if they helped Tate. Tate was very upset with what Madoc had done to her, Madoc made a fool of her and was forced to Tate to enter the swimming pool to get her car keys.

“we’re going to have an amazing year. I’m hoping Jared has forgotten all about me. If he has, then we can both peacefully ignore each other until graduation. If he hasn’t, then I’ll do with I think is best. I’ve got bigger things on my mind anyway. He and that asshat Madoc can poke and prod all they want. I’m done giving them my attention. They are not taking my senior year.” (Penelope, 2019:35)

The quotation above tells when Tate feels so depressed by Jared and Madoc’s attitude towards her because of ridicule and

degradation. Tate hopes she can finish her studies until she graduated without interference from Jared and his friends.

### 3. Social Bullying

“You think his treatment of me is foreplay?!” I almost yelled at her. “Yes. It was foreplay when he told the whole school I had Irritable Bowel Syndrome and everyone made farting noises as I walked down the hall freshman year.” My sarcastic tone failed to cover up my anger. How could she think all this was foreplay? “And yes, it was completely erotic the way he had the grocery store deliver case of yeast infection cream to Math class sophomore year. But what really got me hot and ready to bend over for him was which is completely outrageous for someone to have an STD without having sex” (Penelope, 2019:34)

The quotation means when he plastered brochures for genital wart treatments on my locker, Tate was mocked by Jared if Tate had an Irritable Bowel Syndrome so that the whole school was making fun of her, everyone would fart when she walked down the hall, Jared also gave a case for yeast infection cream to math class, and what really made Tate emotion was when Jared put a brochure for treatment of genital warts in her locker. Tate doesn't believe what K.C. thinks about Jared. She thinks everything Jared doing is foreplay.

“some people heard that Jared and I were in the locker room having sex. Others believed that I'd invited him in an effort to seduce him. A few thought that he'd come in to threaten me after the episode with Madoc. Whatever story people latched onto, I was receiving more stares and hearing more whispers behind my back.” (Penelope, 2019:66)

The quotation means when Tate and Jared were rumored to have sex in the locker room, even though it wasn't true. But some students believe it, they believe that Tate invited him in an attempt to seduce him, and some people believe that he same threaten Tate after the episode with Madoc, whatever story people latched onto,

Tate receiving more stares and hearing more whispers behind her back at school.

“oh yeah, that’s right. I forgot you were into that stuff.” He probably didn’t forget. He almost certainly had no ide. My nostrils flared with the reminder of all of the damage Jared had done. He was the reason more boys hadn’t taken an interest in me.” (Penelope, 2019:354)

The quotation above tells when Tate remembered again that because of Jared most men had shied away from her. When she recalled it, Tate felt her nostrils flare with a reminder of all the damage Jared had done.

## **5. CONCLUSION**

The first point of the researcher chooses the novel entitled *Bully* by Penelope Douglas. It was published in 2014. The novel has 354 pages and it is divided into 37 chapters.

The second point of the discussion is a bout the types of bullying in the novel. Types of bullying in this novel are (1) physical bullying, (2) verbal bullying, and (3) social bullying.

The third point of the discussion is about the practices bullying of Tate as the main character. In this research, Tate experienced so much bullying from her school friends especially from Jared. A Tate’s childhood friend but now turned into a monster from her.



