

# Hasil Cek\_Rokhmayanti\_Knowledge, Attitudes, Practices..

*by Rokhmayanti Rokhmayanti*

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# Knowledge, Attitudes, Practices and Information Needs During the COVID-19 Pandemic in Indonesia

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**Introduction:** In the absence of vaccines and specific drugs, prevention effort has been attributed as the primary control mechanism of COVID-19. Knowledge, attitude, and practice are used to determine the current situation and formulate appropriate control interventions as well as risk communication. This study, therefore, aims to assess knowledge, attitude, practice and information needs about COVID-19 in Indonesian society.

**Methods:** A cross-sectional study was conducted through an online survey in the third week of August 2020. Purposive and random sampling was used to select the respondents. People with a minimum age of 18 years and residing in Indonesia were allowed to participate in this study. The survey was conducted with an online questionnaire that spread on several platforms such as WhatsApp, Instagram and Facebook by distributing the link and continuous chain messages on that platform. Data were analysed using descriptive, chi-square and logistic regression test.

**Results:** A total of 816 respondents were included in this study. In general, public knowledge about COVID-19 was sufficient, but some topic areas were still low. Most people had a positive attitude about the COVID-19, but they provided a negative response to government policies. Most of the community has taken preventive measures for COVID-19. However, some behaviours received a low percentage. Information about how to prevent COVID-19 was the most wanted information during this pandemic. Social media was a favourite source of information, with the most popular type of visualisation was a table containing numbers. Age and education were significantly associated with knowledge. Some attitudes were affected by age and occupation scope. Gender and health insurance ownership significantly associated with preventive measures.

**Conclusion:** This research highlights the importance of providing valid, effective, efficient, and continuous information to the public through appropriate channels to increase understanding about COVID-19 precautions.

**Keywords:** COVID-19, KAP, information needs, information-seeking behaviour

## Introduction

The occurrence of the coronavirus disease 2019 (COVID-19) in Wuhan, China emerged as a rude shock to the entire globe.<sup>1</sup> This incident was accompanied by rapid transmission and spread all around the world. A total of 215 countries were reported to have been affected by COVID-19 by August 22, 2020, with over 23 million human infections, 807,618 deaths, and more than 15 million recoveries.<sup>2,3</sup> With limited vaccine to date, the pandemic continues to claim ever more victims.

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The first two cases in Indonesia were confirmed in March 2020<sup>4</sup> and rapidly spread throughout the 34 provinces in this country. About 151,000 sufferers and a mortality rate above 6,000 were recorded as of August 22, 2020.<sup>5,6</sup> The government, therefore, has exerted numerous efforts towards the COVID-19 pandemic response, including a national budgeting policy, the documentation as a health emergency, along with large-scale social restrictions.<sup>7</sup> A massive health campaign was created to educate the society about these regulations, including the preventive measures, and also to encourage compliance with the national precautionary guidelines by all parties.<sup>8</sup>

The Indonesian government imposed social distancing rules and implemented comprehensive social restrictions in the 18 selected provinces such as Jakarta and Makasar<sup>9</sup> rather than a lockdown to alleviate the economic deterioration resulting from the COVID-19 pandemic.<sup>10,11</sup> These regulations were intended to terminate the spread of COVID-19 by reducing contact amongst individuals. To reinforce these directives, the government limited all public activities and shut all schools down, restricted religious gatherings and public events, as well as facilities,<sup>10,12</sup> including public transportation to avoid the generation of new cases theoretically triggered by crowds. The government closed workplaces but encouraged the continuation of productive activities.<sup>13</sup> However, the effectiveness of these interventions is not known. The government of Indonesia has changed its level of intervention to focus prevention of COVID-19 transmission through individual prevention efforts, promulgated by the president of Indonesia's invitation of citizens to enter a new era of living with coronavirus on May 16, 2020.<sup>3</sup>

Considering the transmission of COVID-19 is possible from person to person, the World Health Organization (WHO) stipulated the disease prohibition as a collective responsibility. Also, for universal protection, some practices were to be implemented including wearing mask, frequent washing hands, coughing and sneezing in the elbow, inhibiting public meetings, evading congested spaces, maintaining distances with other people, as well as cleaning and sanitising objects and surfaces.<sup>14,15</sup> These behaviours are required by the government of Indonesia to help prevent viral transmission.<sup>13,16</sup> The participation of every individual was required to accomplish the COVID-19 control program initiated by the government adequately.<sup>8</sup> A previous study revealed that societal conformity between the proposed regulations, along with

a readiness to tackle the disease was influenced by the possession of knowledge, attitudes, and practices (KAP).<sup>17</sup> KAP is a useful tool to assist in plan development, implementation, advocacy, communication and social mobilisation of the health program.<sup>18</sup> In this case, KAP is essential for health authorities in adjusting COVID-19 prevention measures in the community.

COVID-19 is considered as a newly emerging disease.<sup>19-21</sup> Recently, the US Food and Drug approved Remdesivir as a substance for COVID-19 treatment in the hospital setting.<sup>22</sup> This good news does not mean that awareness about transmission of the disease is unnecessary anymore. A study revealed the importance of non-pharmaceutical interventions (NPIs) on reducing the reproduction number of COVID-19 virus<sup>23</sup> but may limit data in Indonesia about it. Understanding KAP is essential to identify and overcome false rumours about a disease that may negatively influence community prevention behaviour, including NPI.<sup>7</sup> To rapidly understand COVID-19 KAP as well as the information needs and seeking behaviours in Indonesia, we surveyed using several of the most popular platforms: WhatsApp, Facebook, and Instagram.<sup>24</sup> This research contributed to strengthening risk communication effort by related authorities on providing COVID-19 information needed and to which group the advocacy should be targeted.

## Materials and Methods

### Study Design

A cross-sectional study was used to assess KAP as well as the information needs during the COVID-19 pandemic in Indonesia. Subjects were recruited by an online survey between 13 and 20 August 2020. Respondents were invited through random sampling. Eligibility requirements were age 18 years or older and residence in Indonesia. Interested respondents returned signed consent forms by pressing the button "agree to participate" and were fulfilling the questionnaire.

### Study Instruments

The questionnaire consisted of 36 items categorised into five sections: 1) socio-demographic data of respondents (name -optional-, sex, age, marital status, education, occupation, city of residence, salary estimation, health insurance ownership, and phone number), 2) COVID-19 knowledge that presented in "Yes/No" question – including (general symptoms, transmission modes, and

preventive measures), 3) related attitudes using five Likert scales (how the virus was to be overcome and people perception about Indonesia's situation), 4) practices that posted in "Yes/No" question (protective activities: face mask and hand sanitiser use, hand washing, exercise routines, advancements in the food supply, maintaining social distance and where to seek more information), 5) information needs (the type of material desired, source of this information, and the favourite data visualisation preferred). These KAP questions were adapted in part from previous research,<sup>17</sup> then we added queries related to respondents' information needs. The poll was executed in Bahasa Indonesia and translated into English during manuscript writing. To help improve question validity, questions were kept short and simple, pre-tested by expert review, and further pre-tested in a similar respondent group – similar to the anticipated respondent.

### Data Collection Procedure

A Google Form link was circulated by networks and leagues through numerous WhatsApp private messages, groups and other social media platforms (Facebook and Instagram) during the research period. To maintain the participant validity, we limited each account to only one response based on their email. At the end of the survey, the link was closed, the data then downloaded and checked for data completeness. If there was any vague answer, we clarified the response with the participant via WhatsApp or telephone. Responses from persons under 18 years of

age, residing outside Indonesia, or unwilling to sign a consent form were not included in the analysis.

### Statistical Analysis

The evaluation was performed by employing the Statistical Package for Social Sciences (SPSS) version 24.0 (IBM, Armonk, NY, USA). The socio-demographic data and information needs of the respondents were analysed descriptively. On knowledge, questions were scored with one and zero for the correct and wrong answers, respectively. Also, points of one and zero were allocated to signify agreement and disagreement, respectively, for the attitude category. Finally, the practice questions were graded from zero to two, with the highest value representing the best practice. A total score was calculated for each correct, positive and good answer for K, A and P – respectively. The maximum total scores for knowledge, attitude, and practice were 14, 3, and 34, respectively.

Logistic regression test was applied to see the association between knowledge and practice category and socio-demographic respondent. Knowledge and practice were divided into two groups - poor and good – less than the mean score categorised as poor and vice versa. Significance was determined at 5% level ( $P$ -value  $\leq 0.05$ ). The attitude was analysed using chi-square test and last the information needs and information-seeking behaviour was presented descriptively.



Figure 1 Participant number and the distribution by the province in Indonesia.

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## Ethical Considerations

The study was approved by the Ethical Review Board of Ahmad Dahlan University, Yogyakarta, Indonesia (ethical approval code: 012008029).

## Results

### Socio-Demographic Characteristics

This study received a total of 858 responses during the online survey, 42 of them were excluded because aged less than 18 years (37), not able to participate (2), and living overseas (3). Therefore, only 816 responses were considered eligible in this study. Figure 1 shows the respondents distribution, spread across 31 out of 34 provinces in Indonesia.

The socio-demographic of respondents are presented in Table 1. Respondent comprised mainly of females (73%), between 18 and 29 years of age (56.9%). Furthermore, more than half of the participants were single or had never been married (51.6%). Also, 57% of the participants were graduates from higher education, 40.1% were unemployed. Regarding salary, more than 40% of respondents reported they were not paid because they were not working anymore. Over half of the participants (55.8%) reported having health insurance.

### Knowledge About COVID-19

The information in Table 2 shows over 70% of respondents correctly answered questions related to COVID-19 general symptoms, transmission modes, and prevention measures. In contrast, only 51.3% correctly answered about the common cold symptoms consisting of nasal congestion, runny nose, and sneezing are less common in people infected with COVID-19 virus - and only 40% correctly answered the COVID-19 virus spreads through the air.

Furthermore, among the respondent's socio-demographic features, only age groups and education had a significant association with knowledge of COVID-19. Having an age of more than 50 years was associated with 0.59 – fold higher odds of good knowledge towards COVID-19 compare to people aged 18–29 years ( $P < 0.05$ ). Respondent graduated from higher education associated with 1.98 – fold higher odds to have good knowledge about COVID-19 than people hold senior high school education ( $P < 0.05$ ). This information is shown in Table 3.

**Table 1** Socio-Demographic Characteristics of Respondents

Characteristics	Number (N=816)	Percentage (%)
<b>Gender</b>		
Male	220	27.0
Female	596	73.0
<b>Age group</b>		
18–29	464	56.9
30–49	315	38.6
≥ 50	37	4.5
<b>Marital status</b>		
Never married	421	51.6
Ever married	395	48.4
<b>Education</b>		
Senior high school	270	33.1
Diploma	81	9.9
Higher education	465	57.0
<b>Occupation scope</b>		
Unemployed	327	40.1
Student	46	5.6
Government sector	209	25.6
Private sector	179	21.9
Self-employed	53	6.5
Other (Retiree)	2	0.2
<b>Salary range (million IDR)</b>		
Not paid	377	46.2
<1	32	3.9
1–3	174	21.3
>3–5	149	18.3
>5	84	10.3
<b>Health insurance ownership</b>		
Yes	455	55.8
No	361	44.2

### Attitude Regarding COVID-19

Most respondents (95.5%) agreed that COVID-19 might be controlled. Most (80.8%) also believed Indonesia might to win against this virus. However, only 48.7% of respondents agreed that the Indonesian government handled COVID-19 well. Answers to how well the government handled COVID-19 were positively associated with age groups (Figure 2 and Table 4).

**Table 2** Participant Knowledge About COVID-19

Questions	True N (%)	False N (%)
• The main symptoms of an individual infected with COVID-19 include fever, feeling of tiredness, dry cough, and body aches	<b>747 (91.5)</b>	69 (8.5)
• The common cold symptoms consisting of nasal congestion, runny nose, and sneezing, are less common in people infected with COVID-19.	<b>419 (51.3)</b>	397 (48.7)
• There is currently no effective cure for COVID-19, but early detection and supportive treatment can help most patients recover from infection.	<b>804 (98.5)</b>	12 (1.5)
• Not everyone infected with COVID-19 develops severely. This only occurs in children, the elderly, and/or people with chronic diseases.	<b>670 (82.1)</b>	146 (17.9)
• Eating or touching wild animals will cause transmission of the COVID-19	228 (27.9)	<b>588 (72.1)</b>
• People with COVID-19 cannot transfer the virus to others if they do not have a fever	56 (6.9)	<b>760 (93.1)</b>
• The COVID-19 spreads through the respiratory droplets of an infected person	<b>764 (93.6)</b>	52 (6.4)
• The COVID-19 spreads through the air	490 (60.0)	<b>326 (40.0)</b>
• People can use masks to prevent COVID-19 infection	<b>809 (99.1)</b>	7 (0.9)
• One of the preventions against COVID-19 is using hand sanitiser or washing hands with soap using running water	<b>816 (100.0)</b>	0
• Children and young people do not require to take precautions for COVID-19 infection	19 (2.3)	<b>797 (97.7)</b>
• To prevent COVID-19 infection, we must avoid going to crowded places and avoid using public transportation	<b>794 (97.3)</b>	22 (2.7)
• Isolation and treatment of people infected with COVID-19 is an effective way to reduce the virus's spread	<b>808 (99.0)</b>	8 (1.0)
• People who come into contact with someone infected with COVID-19 must be immediately isolated in a particular place, generally an isolation period of 14 days	<b>809 (99.1)</b>	7 (0.9)

**Note:** Bold text indicates the correct answer.

## Practice Measure Toward COVID-19

The respondents were assessed using 16 questions presented in Table 5. More than half of the respondents were considered sufficient to have a positive impact on community health and was reported on 10 of the 16 questions. This shows an acceptance of the preventive guidelines mainly covering mouth and nose when sneezing and also washing hands regularly with running water. Furthermore, good practices have been reported by more than 70% of respondents when asked about the use of hand sanitiser, wear a mask, use of private vehicle, not touching the eyes, nose, and mouth with dirty hands. Meanwhile, a low percentage (<70%) was reported for practice-related to nutritional maintenance, shaking of hands and avoidance of crowds.

Insufficient practice measures of less than 60% occurred in several questions, like monitoring body temperature when feeling unwell (43.1%), consistent exercise (27%), maintaining a 1.5-meter distance from others (57%), and always staying home (51.1%). Meanwhile, with regards to information, only 53.6% always remain updated, when feeling unwell during the pandemic, 33.6% reportedly visited the health facilities, about 34% reported sometimes, and 31.9% reported never.

Table 6 shows the differences between socio-demographic categories and practice categories. Gender and health insurance ownership significantly associated with the practice measure of the respondent. Being female was associated with 0.41 times higher odds to have good practice about COVID-19 compared with men ( $P < 0.05$ ). A respondent who without health insurance was significantly associated with 1.68 times higher odds of good practice of COVID-19 than people with health insurance ( $P < 0.05$ ).

## Information Needs and Information-Seeking Behaviour

During the COVID-19 pandemic, more than 78% of the respondents reported seeking information on how to prevent the virus, and about 65% researched on COVID-19 transmission in Indonesia, cause, treatment and symptoms (Figure S1). Meanwhile, with regards to information type, the majority (65%) of respondents choose table or number, and almost half selected map as the favourite information visualisation. The respondents reported social media, both

**Table 3** Socio-Demographic Characteristics and Knowledge Score (N = 816)

Characteristics	Total Response (N = 816) %	Knowledge Category		OR (95% CI)	P-value
		Poor (<12.5)	Good (≥12.5)		
<b>Gender</b>					
Male	220 (27.0)	138(62.7)	82(37.3)	Reference 0.83 (0.59–1.18)	0.317
Female	596 (73.0)	357(59.8)	239(40.2)		
<b>Age group</b>					
18–29	464 (56.9)	306(65.9)	158(34.1)	Reference 0.35 (0.15–0.80) 0.59 (0.28–1.22)	0.022**
30–49	315 (38.6)	173(29.0)	142(71.0)		
≥ 50	37 (4.5)	16(43.2)	21(56.8)		
<b>Marital status</b>					
Never marriage	421 (51.6)	273(64.8)	148(35.2)	Reference 0.97 (0.62–1.51)	0.894
Ever marriage	395 (48.4)	222(56.2)	173(43.8)		
<b>Education</b>					
Senior high school	270 (33.1)	166(61.5)	104(38.5)	Reference 1.35 (0.89–2.06) 1.98 (1.19–3.29)	0.017**
Diploma	81 (9.9)	35(43.2)	46(56.8)		
Higher education	465 (57.0)	294(63.2)	171(36.8)		
<b>Occupation scope</b>					
Unemployed	327 (40.1)	204(62.4)	123(37.6)	***	0.926
Student	46 (5.6)	28(60.9)	18(39.1)		
Government sector	209 (25.6)	116(55.5)	93(44.5)		
Private sector	179 (21.9)	116(64.8)	63(35.2)		
Self-employed	53 (6.5)	31(58.5)	22(41.5)		
Other (Retiree)*	2 (0.3)	0(0)	2(100)		
<b>Monthly salary range (million IDR)</b>					
None	377 (46.2)	232(61.5)	145(38.5)	Reference 0.91 (0.56–1.48) 0.66 (0.28–1.58) 1.08 (0.64–1.84) 0.93 (0.54–1.61)	0.775
<1	32 (3.9)	22(68.8)	10(31.2)		
1–3	174 (21.3)	100(57.5)	74(42.5)		
>3–5	149 (18.3)	91(61.1)	58(38.9)		
>5	84 (10.3)	50(59.5)	34(40.5)		
<b>Health insurance ownership</b>					
Yes	455 (55.8)	265(58.2)	190(41.8)	Reference 1.22 (0.89–1.66)	0.207
No	361 (44.2)	230(63.7)	131(36.3)		

Notes: \*Other includes retiree and daily labour. \*\*Significant at  $P < 0.05$ . \*\*\*Not possible to estimate.

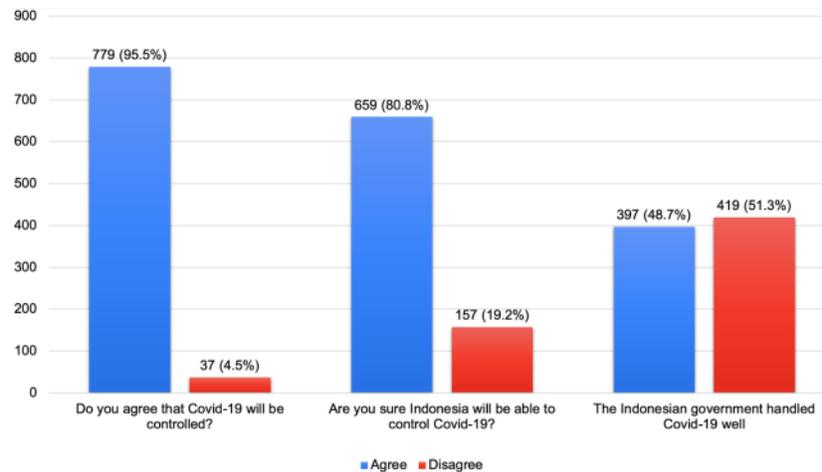
Facebook and Instagram, as the first favourite information source followed by television (Figure 3).

## Discussion

COVID-19 is an extremely aggressive virus due to the ease in the mode of transmission. The primary prevention measures are conducted through behavioural modification on individual hygiene and limiting physical contact among people. Besides, since this disease is new, providing adequate information about the virus, especially

preventive measures, it is essential to avoid misinformation in society that could result in incorrect precautionary action. This study helps fill a knowledge gap about COVID-19 Knowledge, Attitude, and Practice (KAP) in Indonesia, which may detect potential barriers to change in social behaviour.<sup>25</sup> This study specified public knowledge, attitude, and practice about the virus as adequate, with notable weakness in some parts.

The response to this research was generated mostly from females (73%). This may be related to men's



**Figure 2** Attitudes towards COVID-19 among participants (N=816).

tendency to be more apathetic to a survey than women – mainly in this COVID-19 pandemic situation, and the same happened in the COVID-19 KAP study in Saudi Arabia in which women mostly responded to the survey.<sup>26</sup> This is, however, consistent with previous research, proving women to participate more in surveys than men.<sup>27,28</sup>

Knowledge, attitude and practice are interrelated each other. People who have good knowledge expected would be translated into good practice and preventive measure. This research showed the discrepancy between knowledge that does not translate into good attitude and preventive measure – respondent who has good knowledge did not have a proper attitude as well as a preventive measure related to COVID-19. The different result was showed by research in Iran and Bangladesh that the translated of knowledge into attitude and practice seems performed well.<sup>29,30</sup>

This research revealed that persons over age 50 displayed higher knowledge than other age groups. This finding is consistent with research in Malaysia, where people in this group displayed better knowledge about COVID-19.<sup>17</sup> According to the World Health Organization (WHO), older society is at the highest risk to contract this virus, and more than 95% of the related death is attributed to this group.<sup>31</sup> In addition, multiple health conditions, especially chronic disease, biological age, and decreased immunity, are predicted to significantly increase the elderly's susceptibility to infection with this

virus.<sup>32</sup> The massive campaign by various parties/organizations about COVID-19, including information on vulnerable groups, therefore encouraged older people to know more about this disease. This high level of knowledge among older people is coherent with the practice scores across all age groups. Therefore, individuals above 50 years have higher odds to have a good practice measure.

Education is the process learning and gaining knowledge. In our study, people who graduated from higher education more knowledgeable regarding COVID-19. Those with higher education – such as healthcare workers – may have a greater need to work during the pandemic, preventing them from fully adhering to preventive measures like staying at home. However, the lower risk by their younger age may offset this risk.<sup>33</sup> Age and occupation appear to influence public perception of Indonesia's ability to defeat COVID-19 and how well the Indonesian government has handled COVID-19. Although respondents felt Indonesia would be able to control COVID-19, they did not, in general, believe that the Indonesian government had handled the situation well. This is in contrast to reports from Malaysia, where there was higher public support of government action.<sup>17</sup> It may be because other countries imposed total lockdown, while Indonesia employed policies to protect economic growth and cultural characteristics while also addressing COVID-19,<sup>11,34,35</sup> which may have been perceived as a lack of direction from the government, and in turn, been blamed for infections and mortality rate.

**Table 4** Socio-Demographic Characteristic and Attitude (N = 816)

Characteristics	Do You Agree That COVID-19 Will Be Overcome?		Are You Sure Indonesia Will Be Able to Control COVID-19?		The Indonesian Government Handled COVID-19 Well.	
	N (%)		N (%)		N (%)	
	Disagree	Agree	Disagree	Agree	Disagree	Agree
<b>Gender</b>						
Male	13 (5.9)	207 (94.1)	42 (19.1)	178 (80.9)	115 (52.3)	105 (47.7)
Female	24 (4.0)	572 (95.6)	115 (19.3)	481 (80.7)	304 (51.1)	292 (48.9)
<b>Age group</b>						
18–29	21 (4.5)	443 (95.5)	101 (21.8)	363 (78.2)	261 (56.2)	203 (43.8)**
30–49	16 (5.1)	299 (94.9)	52 (16.5)	263 (83.5)	146 (46.4)	169 (53.6)
≥ 50	0	37 (100)	4 (10.8)	33 (89.2)	12 (32.4)	25 (57.6)
<b>Marital status</b>						
Never married	18 (4.3)	403 (95.7)	85 (20.2)	336 (79.8)	228 (54.2)	193 (45.8)
Ever married	19 (4.8)	376 (95.2)	72 (18.2)	323 (81.8)	191 (48.4)	204 (51.6)
<b>Education</b>						
Senior high school	10 (3.7)	260 (96.3)	46 (17.0)	224 (83.0)	129 (47.8)	141 (52.2)
Diploma	4 (4.9)	77 (95.1)	17 (21.0)	64 (79.0)	36 (44.4)	45 (55.6)
Higher education	23 (2.9)	442 (97.1)	94 (20.2)	371 (79.8)	254 (54.6)	211 (45.4)
<b>Occupation scope</b>						
Unemployed	11 (3.4)	316 (96.6)**	58 (17.7)	269 (82.3)**	168 (51.4)	159 (48.6)
Student	2 (4.3)	44 (95.7)	12 (26.1)	34 (73.9)	23 (50.0)	23 (50.0)
Government sector	4 (1.9)	205 (98.1)	29 (13.9)	180 (86.1)	93 (44.5)	116 (55.5)
Private sector	17 (9.5)	162 (90.5)	50 (27.9)	129 (72.1)	109 (60.9)	70 (39.1)
Self employed	3 (5.7)	50 (94.3)	8 (15.1)	45 (84.9)	25 (47.2)	28 (52.8)
Other (Retiree)*	0	2 (100)	0	2 (100)	1 (50.0)	1 (50.0)
<b>Monthly salary range (million IDR)</b>						
None	12 (3.2)	365 (96.8)	71 (18.8)	306 (81.2)	194 (51.5)	183 (48.5)
<1	1 (3.1)	31 (96.9)	6 (18.8)	26 (81.2)	17 (53.1)	15 (46.9)
1–3	13 (7.5)	161 (92.5)	29 (16.7)	145 (83.3)	85 (48.9)	89 (51.1)
>3–5	8 (5.4)	141 (94.6)	27 (18.1)	122 (81.9)	76 (51.0)	73 (49.0)
>5	3 (3.6)	81 (96.4)	24 (28.6)	60 (71.4)	47 (56.0)	37 (44.0)
<b>Health insurance ownership</b>						
Yes	17 (3.8)	438 (96.2)	90 (19.8)	365 (80.2)	247 (54.3)	208 (45.7)
No	20 (5.5)	341 (94.5)	67 (18.6)	294 (81.4)	172 (47.6)	189 (52.4)

Notes: \*Other includes retiree and daily labour. \*\*Significant at  $P < 0.05$ .

In this research, respondents reported their compliance with many precautionary measures, including, putting on masks, the use of hand sanitiser, proper handwashing practices, physical distancing and avoidance of crowd. However, respondents only sometimes practice regular exercise or visits to the health facilities for assistance.

Engaging in physical activities was not routine before COVID-19, and was made more challenging by the pandemic because sports facilities and fitness centres were closed. A previous study proved relatively low walk time practice by Indonesians compared to residents in other countries.<sup>36</sup> Poor practice in visiting health facilities

**Table 5** Participant Practice Response Related COVID-19 (N = 816)

Statements	Always	Sometimes	Never
	N (%)	N (%)	N (%)
• I cover my mouth and nose when I cough or sneeze	727 (89.1)	84 (10.3)	5 (0.6)
• I wash my hands with soap from running water many times a day	694 (85.0)	121 (14.8)	1 (0.1)
• I always monitor my temperature when I do not feel well	352 (43.1)	340 (41.7)	124 (15.2)
• I maintain my nutritional balance by eating lots of vitamins and fruit	557 (68.3)	257 (31.5)	2 (0.2)
• I exercise regularly	220 (27.0)	546 (66.9)	50 (6.1)
• I carry hand sanitiser with me	603 (73.9)	179 (21.9)	34 (4.2)
• I use a hand sanitiser	578 (70.8)	224 (27.5)	14 (1.7)
• I wear a mask when I go out of the house	713 (87.4)	103 (12.6)	0
• I travel using a private vehicle	723 (88.6)	83 (10.2)	10 (1.2)
• I keep a safe distance from other people, at least 1.5 meters	465 (57.0)	346 (42.4)	5 (0.6)
• I choose to stay at home during this pandemic	417 (51.1)	384 (47.1)	15 (1.8)
• I avoid touching my eyes, nose, and mouth when my hands are dirty	647 (79.3)	168 (20.6)	1 (0.1)
• I tried to avoid the crowd	556 (68.1)	256 (31.4)	4 (0.5)
• I avoid shaking hands	557 (68.3)	252 (30.9)	7 (0.9)
• I always update information related to COVID-19	437 (53.6)	362 (44.4)	17 (2.1)
• I visited a health facility when I felt unwell during the COVID-19 pandemic	274 (33.6)	282 (34.6)	260 (31.9)

seems to be related to the health authority's recommendation that people are not encouraged to visit health facilities except in an emergency during the COVID-19 pandemic.<sup>37,38</sup> Fortunately, this behaviour may be beneficial during COVID-19, as health facilities may be transmission hubs.

The socio-demographic versus practice score test shows gender and health insurance ownership as the significant determinant for respondent good practice towards COVID-19. Females have a better possibility to have a good practice score than men. This result is, consistent with studies in Iran.<sup>29</sup> Women may have a greater practice to gain COVID-19 knowledge because they tend to be the primary caregivers of family members with COVID-19.<sup>39,40</sup> Women may also seek a greater understanding of COVID-19 to overcome the greater sensitivity to danger and attendant stress reported in women than men.<sup>41</sup> Therefore, this group is always looking for information and knowledge about COVID-19 to overcome anxiety. This may be because the female is more concerned with surrounding individuals, in turn, leading families to adhere to health protocols when outside the home strictly. This addresses the WHO acknowledgement that COVID-19 prevention is dependent on collective solidarity, and humans are required to protect one another.<sup>14,31</sup>

People who do not have health insurance displayed a better preventive measure than those who have health insurance. Living without health insurance may develop an awareness of the respondent because they do not want to be sick then fall into a situation not productive and should pay some money for the medication. A previous study revealed people own private health insurance tend to have a lower risk of developing a chronic disease because they receive a regular source of care.<sup>42</sup> The ownership of health insurance indeed changes the people preventive care but little change the people health behaviour.<sup>43</sup> Health insurance offered adequate protection in the current pandemic COVID-19 situation due to uncertainty situation in both the disease and economical. So, for people who do not protect with insurance, do their best to apply the preventive measure to avoid the disease.

The most frequently searched information was the process of COVID-19 prevention. This is understandable because the disease is relatively new. Accordingly, everyone is unfamiliar with proper prevention measures. The

**Table 6** Socio-Demographic Characteristic and Practice Measure (N = 816)

Characteristics	Total Response (N = 816) %	Practice Score Category		OR (95% CI)	P-value
		Poor (< 23.5)	Good (≥ 23.5)		
<b>Gender</b>					
Male	220 (27.0)	46 (21.0)	174 (79.0)	Reference	0.001**
Female	596 (73.0)	67 (11.2)	529 (88.8)	0.41 (0.26–0.66)	
<b>Age group</b>					
18–29	464 (56.9)	73 (15.7)	391 (84.3)	Reference	0.575
30–49	315 (38.6)	37 (11.7)	278 (88.3)	0.49 (0.12–2.00)	
≥ 50	37 (4.5)	3 (8.1)	34 (91.9)	0.61 (0.16–2.27)	
<b>Marital status</b>					
Never marriage	421 (51.6)	66 (15.7)	355 (84.3)	Reference	0.935
Ever marriage	395 (48.4)	47 (11.9)	348 (88.1)	0.97 (0.52–1.82)	
<b>Education</b>					
Senior high school	270 (33.1)	45 (16.7)	225 (83.3)	Reference	0.707
Diploma	81 (9.9)	6 (7.41)	75 (92.59)	0.98 (0.56–1.70)	
Higher education	465 (57.0)	62 (13.3)	403 (86.7)	1.45 (0.58–3.62)	
<b>Occupation scope</b>					
Unemployed	327 (40.1)	51 (15.6)	276 (84.4)	Reference	0.281
Student	46 (5.6)	5 (10.9)	41 (89.1)	***	
Government sector	209 (25.6)	18 (8.6)	191 (91.4)	7.79 (0.33–180.32)	
Private sector	179 (21.9)	26 (14.5)	153 (85.5)	8.10 (0.37–177.27)	
Self-employed	53 (6.5)	12 (22.6)	41 (77.4)	5.45 (0.25–111.88)	
Other (Retiree)*	2 (0.3)	1 (50)	1 (50)	2.85 (0.13–60.87)	
<b>Monthly salary range (million IDR)</b>					
None	377 (46.2)	57 (15.1)	320 (84.9)	Reference	0.820
<1	32 (3.9)	7 (21.9)	25 (78.1)	0.72 (0.22–2.36)	
1–3	174 (21.3)	22 (12.6)	152 (87.4)	1.17 (0.50–2.78)	
>3–5	149 (18.3)	17 (11.4)	132 (88.6)	1.02 (0.43–2.45)	
>5	84 (10.3)	10(11.9)	74 (88.1)	1.68(1.08–2.60)	
<b>Health insurance ownership</b>					
Yes	455 (55.8)	47(10.3)	408 (89.7)	Reference	0.019**
No	361 (44.2)	66(18.2)	295 (81.8)	1.68 (1.08–2.60)	

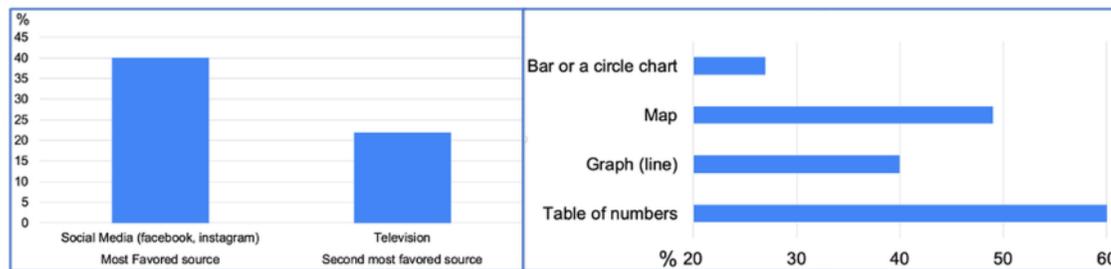
Notes: \*Other includes retiree and daily labour. \*\*Significant at  $p < 0.05$ . \*\*\*Not possible to estimate.

results indicate people's concerns and fears about the infection by updating information related to COVID-19 precautions. Respondents preferred social media (i.e., Facebook and Instagram), followed by television news as information sources. They chose information presented with maps or in tables containing numbers.

The flow of information is swift in the current digital 4.0 era, but there is a risk of misleading information, including health issues.<sup>44</sup> However, fast and accurate innovation on the public's data requires an opportunity to educate the people

about health, including COVID-19 to improve the societies' preventive behaviour.<sup>45</sup> Therefore, the authorities' role in providing valid, useful, and efficient information is necessary to balance challenges and opportunities as well as to counter misinformation spread in cyberspace, including social media and television. The development and update of information with attractive visualisations are of necessity.

This study has three limitations, therefore the result interpretations should be conducted with care. The first is related to the sample that ran online. However, there have been attempts



**Figure 3** The favourite information source (left) and type visualisation (right) about COVID-19 (N=816).

to control bias sampling by establishing inclusion criteria in terms of age and respondent country living. The second is related to data where this research acquired information from the participant's self-reporting. This means the answers are impossible to control, especially on practical questions where ideal observations of the respondents are created. The last limitation is about the respondent's favourite information source; even though they mentioned social media and television as the favourite information source, we did not assess the exact information that comes from which is related to the information credibility. Besides the limitations, this research strength is from the methodology perspective that used a rapid survey to collect the KAP data. This approach may allow the researcher as well as a policy maker to develop disease preventive measures in this current pandemic situation quickly.

## Conclusions

In conclusion, Knowledge, Attitude, Practice, data needs, and information-seeking behaviour about COVID-19 is essential to the formulation of appropriate interventions to control this disease successfully. This study helps fill gaps in COVID-19 KAP in Indonesia and describes the information Indonesians desire, how they prefer information presented, and their selected sources of information. The knowledge, attitude, and prevention measures towards COVID-19 were affected by age, education, work scope, gender and health insurance ownership. This research suggests that health authorities improve the process of messaging and updating the information related to this disease through proper media and target the appropriate population group to increase society's preventive measures. To date, the Indonesia government has primarily relied on television and social media on delivering COVID-19 information updates. It must be continued but needs to be expanded by adjusting the content of the information provided to reach influential groups. Information on preventing COVID-19 must be

continuously carried and updated, considering that COVID-19 is still a new disease, and various regulations and research are still developing.

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## Disclosure

The authors declare no conflict of interest.

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