

GROUP GUIDANCE WITH FOLKLORE METHOD AS ALTERNATIVE TO DEVELOP TOLERANCE CHARACTER

By Agung Prabowo

GROUP GUIDANCE WITH FOLKLORE METHOD AS ALTERNATIVE TO DEVELOP TOLERANCE CHARACTER

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ABSTRACT

Diversity in Indonesia raises the tolerance problem. The research goal to find guidance and counseling services right to develop character tolerance. The goals of this research is developing of models group guidance with folklore method as alternative developing tolerance character. This research use Research and development as an approach. Research and development steps include preliminary study, development hypothetical group guidance model-based folklore, validation of expert judgment and expert practitioners, experimental test form group guidance model-based folklore on a limited basis – descriptive qualitative and descriptive quantitative in research analysis. Group guidance services consisted of 8-9 students from Yogyakarta City, Bantul Regency, Sleman Regency, Kulonpogo Regency, and Gunungkidul Regency (Indonesia Country). The result from this research that group guidance with folklore method can increase the tolerance character of students. The result of the limited trial appears that there was a change of condition before pre-test with an average of 109 and an increase of 117.9 after post-test in implementation of group guidance service with folklore method. The T-test results also reveal significant changes from before to after the significance of 0.000 (<0.05).

Keywords: group guidance, folklore, character tolerance

INTRODUCTION

Cultural diversity in Indonesia leads to uniqueness in every society in terms of languages, religions, ethnicities, races, colours, and customs. Complimentary views on variety lead to national unity with many challenges on the disruption era. Positive pictures of cultural diversity can also be viewed negatively as one of them is on when

the people can't appreciate the differences and diversity. Monocultural aspects, pluralistic aspects, and socio-cultural geneses become representations from hierarchical of need the content and structure (Sibley et al., 2011). Cultural diversity can legitimize various case discriminatory (Sibley, 2013).

Indonesia, as a country with cultural diversity, requires character development

efforts. The concept of appreciating religious citizenship forms one's identity as a citizen (Laksana & Wood, 2019). Values in Pancasila can strengthen national character nationally. The struggle to define and hold to a national character as will set the course of the future (Colbert, 2011).

Intolerance in Indonesia involving children and student, particularly those in children's education (Solehuddin, 2019), because of the different political choice and religious (Laksana & Wood, 2019). The phenomenon of behaviour that doesn't appreciate has an impact on disorderly conduct and miss-communication with social media. Political organizations in the religious field (Front Pembela Islam) during the 2019 presidential election have promoted social morals with followers of a large proportion of the population and encouraged radicalism and acts of violence in the name of Islam, as well as forcing arguments (Facal, 2020). Ethnicity and religion-based conflicts may threaten the future of Indonesian youth (Firdaus et al., 2020). There are also Sunnis and Syiah who have sectarianism to seek electoral matters in Indonesian democracy (Kayane, 2020). At the same time, religious discrimination creates intolerance and self-limitation as citizens.

School counselors plays important role to internalize the tolerance character through guidance and counselling services. School counselors are responsible for developing students' character. Group guidance service with group discussion methods, socio-drama, observation, lectures, and advice are among models for school counsellors to implement in in character education programs (Julia & Supriyadi, 2018). Culture-based group guidance service may also be useful to develop students' character, as reported stated by Abdi et al. (2019). One of the ways to improve the students' tolerance character could be done through folktale-based character education.

Supporting research results are group guidance as a one way to internalize mutual respect with guidance and counseling functions. The success of activities or interventions of school guidance and counselling programs vary may vary (Whiston et al., 2011). The folk-lore method could be appropriately implemented in guidance and counselling service.

The folklore method in educational programs compares the values of current folklife education with the folktale in the

regions as part of intercultural education (Rosenberg, 2019) as well as multicultural guidance and counseling. For instance, a folktale from Malang, which contains the values of character education, tolerance, respect, caring, and love of the country (Malitasari et al., 2013). There are also folk tales in Bali that are useful for educating children's morals based on Pancasila and the values character education (Suwija et al., 2020). The purpose of this study is to develop a group guidance service model with folklore method that is effective for developing students' tolerance character.

METHODOLOGY

In this study, research and development method was applied. The final product of this study was folk-lore based group guidance for developing junior high school students' tolerance. Three stages were undertaken :1) Preliminary study on tolerance, which was done by distributing tolerance scale to 739 junior high school students in Special Region of Yogyakarta, Indonesia. 2) Development stage, in this stage the hypothetical model of folk-lore based group guidance was developed. 3) Expert and practitioner validation. 4) The last, The effectiveness test, in this stage, the developed product (i.e., folklore-based group guidance model) was tested experimented. Data analysis in this study used qualitative research conducted by grouping qualitative data information in the form of responses, inputs, and suggestions obtained from the experts, to revise the development of group guidance model with folklore method. In contrast, the results of the discussion and subsequent analysis results in qualitative data is taken into consideration to review the folklore-based group guidance service model. Quantitative data analysis was also conducted by descriptively analyzing the result of the preliminary study comparing the pre-test and post-test results. T-test analysis was done to see the effectiveness of folklore-based group guidance method in developing students' tolerance character. In testing the product, 41 students were recruited and assigned into five groups. They come from Yogyakarta City, Bantul Regency, Sleman Regency, Kulonpogo Regency, and Gunungkidul Regency, Indonesia.

RESULT AND DISCUSSION

The concept of peace refers to the absence of cultural violence that legitimizes direct and structural disorder (Galtung &

Fischer, 2013). Three aspects of tolerance was measured during the preliminary studies, they were peace, respect others' difference, and awareness of others (Supriyanto & Wahyudi, 2017). The findings of a preliminary study with junior high school students totalling N=739 are categories of tolerance characters and classes of each aspect and indicator of tolerance character. The findings indicate that students' peace was categorized as low. The aspect of respect others' difference was also categorized as low. The last result of the preliminary study was the self-awareness of individuals in the high class, even though the comfort of themselves was in a subordinate variety.

Table 1.
Result of Character Analysis of Junior High School Student Tolerance in Special Region of Yogyakarta, Indonesia

No	Tolerance Character	Indicator of Tolerance Character	Criteria
1	Peace	Care	Low
		Fear	High
		Love	Low
2	Respect for Differences and Individuals	Respect each other	Low
		Respect differences of other	Low
		Respect ourselves	Low
3	Awwernes	Appreciating the goodness of other	High
		Open	High
		Receptive	High
		Comfort in Life	Low
		Comfort with other	High

Experts and practitioners suggested that the developed product should be used using various method. Guidance and counseling services plays pivotal role in internalizing the meaning of life to the students (Alhadi et al., 2016). Extensive group guidance can address character problems through various methods. Professional school counselors graduated from the teacher professional education program, have the expertise to apply useful techniques to improve the students' multicultural competence through guidance and counselling programs (Galassi et al., 2008; Sink & Edwards, 2008; Van Velsor, 2009). The group guidance was carried out based on the students' developmental tasks. Its process provided participant with huge opportunities to develop their tolerance character.

Folklore method could be used in group in order to develop students' tolerance. Folklore in education program can develop students' character of peace, self-awareness, and

respect. The tolerance character makes up the individual the ethnic identity as the community awareness in social groups part of the Indonesian nation.

Guide implementation from group guidance service with folklore method group according to the implementation procedure. Implementation procedures arranged following the results of the literature review. Stages of activities in the group, namely (1) the set of formation, (2) the exploration stage, (3) the regulatory phase, (4) the stage of implementation/work, and (5) termination stage (Schmidt, 2008). The goal of group guidance service is the formation of relationships that influence each other between individuals and group members as a whole (Jansen et al., 2020).

The character of values and culture in folklore fosters the attitude and personality of tolerance in students. This concept is corresponding with the results of other studies that the group guidance service based on Javanese local character values can be an alternative to maximize the quality of guidance services (Dewi, 2016). Folklore, as an oral tradition and cultural heritage, has the potential as an alternative to cultivating the noble values of education in student life (Huda, 2018; Rosa, 2019).

Teachers have a role as a model children, when the role is well-implemented, a caring community could be realized. A caring community may result in lower bullying behavior and higher academic achievement (Marshall et al., 2011; Parker et al., 2010). Schools have a typical role in developing students' character. School counselor play a role to internalize the tolerance character values of life in their students, teaching them about differences that constitute the national identity. Effective reinforcement, intellectual attitudes may affect the development of social beliefs, social skills, and spiritual attitudes of students (Trisiana, 2015; Wang, 2017).

Various folklore in Indonesia could be used in group guidance services. Counselors tell folktales selected in the topic assignment or student reading folklore discuss to find the meaning of tolerance. Indonesian folk tales can be said to develop the tolerance character that story of Roro Jonggrang, Legend of Ciung Wanara, Legend of Rawa Pening, and then Story of Lutung Kasarung. Folklore in Jonggrang, these stories implies that one should not force his belief/choice against others' (Setyaningsih, 2016).

Imposing one's political preference to others' could be seen as human right violation. Ciung Wanara story also rich in moral values and culture of Indonesia, one of which can accept the advantages of others and any greed to power would bring disaster (Arifin, 2013). Mutual respect appearing in the Rawa Pening Legend reminds people to understand each other despite the differences (Seftyono, 2014). Reinforcement in Legend of Lutung Kasarung implies that God creates difference to teach people respect each others (Isnendes & Haerudin, 2011).

The final stage is an experimental trial involving 21 junior high school students. One group of group guidance service consisted of 8-9 students from Yogyakarta City, Bantul Regency, Sleman Regency, Kulonpogo Regency, and Gunungkidul Regency. The result of the experiment indicate a positive change after the treatment was given. This change was shown by the difference of pre- and post-test score (109 and 117.9). The T-test results also indicated significant changes after the treatment was given ($0.000 < 0.05$). In short, students' tolerance character could be developed using folklore-based group guidance service.

Table 2.
Differences Pre-Test and Post-Test in Development of Tolerance Character

	Mean from Tolerance Character	N	Std. Deviation	Std Error Mean
Pre test	109,0000	41	5,63915	0,88069
Post test	117,9268	41	10,08561	1,57511

The results of the research findings are three aspects of tolerance in the form of characteristics of peace, aspects of care, and aspects of mutual respect. These three aspects are the conclusion of various theoretical concepts with the conditions of Indonesian society. Tolerance means appreciating, allowing, allowing the opinion, views, beliefs, habits, behaviour, etc., that are otherwise or contrary to its founders, such as religions, ideology, and races—the tolerance character as an attitude of mutual respect through understanding with the aim of peace. Tolerance is toward peace. Peace creates a peaceful mind (Tillman, 2004). These reflection points of tolerance character will deliver peace between individuals in the world. Character education becomes the

main foundation in fostering the essence of Indonesian nation through education.

The tolerance character is a character that is indicated by human attitudes and behaviour that don't deviate from the rules, in which a person appreciates or respects every action that others do. Tolerance is called the essential factor for peace. The meaning of peace as an internal human condition has a peaceful mind to itself when happening certain situations (Galtung & Fischer, 2013).

Group guidance services apply on a folklore basis can developing student tolerance character. Various folk tales in Indonesia have story characters with the messages of the stories. Folklore is a collection of main stories with core messages to form addictive behaviour towards a culture that is implemented in education and easily implemented in the teaching and learning process (Relin et al., 2018; Vuong et al., 2018). Folktale is a legacy from generation to generation, orally and written (Hutomo, 1991). And then, folktale presented by the counsellor as a group leader and discussed with members to the group to develop a tolerance character.

First, the stage to form a crowd of individuals into a group that is ready to develop group dynamics in achieving common goals. Second, the stage to divert the group's initial activities to the next action that is more focused on achieving group goals. Third, the core activity stage to discuss specific topics with folktale method as service media and method. Fourth, the stage of action to review what the group has done and achieved. Group participants apply reflect on the activities with messages from folklore to the development of a character of tolerance. The last is the closing all activities. The group guidance service with folklore method used of five stages. The steps in group guidance are formation, transitional, activity, inference, and closing (Supriyanto & Wahyudi, 2018). The different stages of this model are the emergence of folklore media in the activity stage of implementing group guidance services. The development of tolerance character from research results is following the implementation of character education administration from planning, performance, and control (Pangaribuan et al., 2020).

CONCLUSION

Students' tolerance level in Yogyakarta was categorized as low. The peace aspects

of and mutual respects our differences and individual aspects of Indonesian students in the low category. While the self-awareness aspects of students in the high class, although the comfort of oneself in the low sort. The development of tolerance character needs to apply in cognitive, affective, and psychomotor in students with indicators of peace, respect, and individuality, and awareness—group guidance model with folklore method as an alternative to the development of the tolerance character in students. Folklore is passed down from one generation to the next generation, orally and in written according to the peculiarities of the Indonesian Country. The group guidance service with folk consists of five stages. The steps in group guidance are formation, transitional, activity, inference, and closing—application of folklore in group guidance services at the activity stage. Group guidance services folklore methods can be applied by school counselors to develop tolerance character through folklore books. Using this model, counselors tell folktales selected in the topic assignment or student reading folklore, then the students discuss to find the meaning of tolerance. Some Indonesian folk tales that are recommended to be used to develop the tolerance character are story of Roro Jonggrang, Legend of Ciung Wanara, Legend of Rawa Pening, and Story of Lutung Kasarung. Development of mutual respect emerges as a part of developing the tolerance character.

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ACKNOWLEDGEMENT

This research fully supported by Affiliation Research Grant Ministry of Research and Technology Dikti, Indonesia.

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