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Knowledge, Attitude, and Practices of Health Personnel in Responding to the COVID-19 Pandemic in Indonesia

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Abstract

The COVID-19 pandemic, originated in China, has spread to worldwide, including Indonesia. Until July 2021, the growth rate has been gradually increasing, and cases have been found in all 34 provinces of Indonesia. This cross-sectional study aimed to investigate the knowledge, attitude, and practices (KAP) of health personnel in the primary health care towards the COVID-19 pandemic in Indonesia using online self-report questionnaire. A total of 440 respondents contributed to this online survey. The average level of KAP were 7.7 out of 10.0, 14.3 out of 15.0, and 31.9 out of 36.0, respectively. There was no significant association between respondents' characteristics (sex, marital status, and age) and their KAP for all variables showed p -value > 0.05. It can be concluded that the level of KAP was good, despite the respondents' characteristics that had no association with KAP.

Keywords: COVID-19, health personnel, Indonesia, knowledge distribution

Introduction

The original coronavirus originated in Wuhan, China, at the end of 2019 and was called as coronavirus disease 2019 (COVID-19).¹⁻⁴ The virus had spread rapidly to more than 200 countries, and the World Health Organization (WHO) declared this disease as a global pandemic.^{5,6} Until July 2021, the new variant of the virus had spread rapidly to all countries worldwide. It has negatively impacted society in terms of the economy, public health, and daily life activities, and many people have become unemployed. By July 10, 2021, the number of accumulated confirmed COVID-19 cases totaled 185 million globally.⁷ On the same date in Indonesia, the total confirmed cases were 2,455,912, with 64,631 total deaths.⁷ The number of recovered cases reached 53,945, and the test cases for the whole country totaled 1,310,924, equal to 4,790 cases per 1 million population.⁷ The first case in Indonesia was reported in Jakarta, the capital city of Indonesia, and the number of morbidity and mortality increased sharply. Since then, the frontline workers, including health personnel, have taken care of the COVID-19 patients.

COVID-19 has disrupted public health measures and systems throughout the world. Many health personnel had passed away due to the lack of personal protective

equipment (PPE), the lack of awareness of the harmful nature of the disease, accidental operations, and other factors.⁸ To control the spread of COVID-19, public health personnel need to be strengthened.⁹ Some public health personnel might be carriers, and others are persons under investigation (PUI). Knowledge, attitudes, and practices (KAP) constitute important components for health personnel to care for patients with COVID-19 and PUI groups. Health personnel needs to understand the changing situation and adjust their normal behaviors to stem the COVID-19 pandemic.

Sufficient protection and prevention may prevent the spread of the virus. Providing facilities plays a crucial role in interventions and mitigation measures undertaken according to the appropriate guidelines. The COVID-19 pandemic is spreading unpredictably due to many influencing factors. It continues to cause morbidity, mortality, and normal life disturbance; it is also a burden on health systems.^{10,11} This survey constitutes an overall assessment of general information that could represent the Indonesian experience in responding to the COVID-19 outbreak. Assessing the KAP related to COVID-19 among health personnel would benefit the government or involved organizations in performing any intervention according to the obtained results. Moreover, recommen-

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dations from health personnel would be important information to strengthen the COVID-19 response. This study aimed to determine the KAP of health personnel responding to the COVID-19 pandemic in Indonesia.

Method

A community-based cross-sectional study was conducted among health personnel in all 34 provinces in Indonesia. The data were collected in May 2020 after obtaining ethical approval from the Health Research Ethics Committee, the National Institute of Health Research and Development (Certificate of Approval No. LB.02.01/KE.330/2020). The authors used an online self-reported questionnaire (Google Form) and were distributed to respondents with a consent form. The first page of the questionnaire informed all respondents about the background and objectives of the study and provided the consent form according to ethical requirements. Respondents could withdraw anytime without giving reasons if they did not wish to participate. Completing the questionnaire would not affect their jobs; all data were kept confidential, and the results were presented in general terms.

A self-report questionnaire was used to collect the data based on the respondent's own experiences and KAP. The validity and reliability of the self-report questionnaire were tested on 30 volunteers in Yogyakarta. The respondents answered the questions in the Google Form. The values of Cronbach's alpha for the knowledge and attitude items were 0.890 and 0.823, respectively.

The target population consisted of health personnel in primary health care in each province of Indonesia. The inclusion criteria comprised the following: 1) working in a primary health care (PHC) and 2) achieving the minimum standard of a professional in a PHC from the Ministry of Health of the Republic of Indonesia; this included doctor or primary care doctors, dentists, nurses, midwives, public health workers, sanitarians, medical laboratory technology experts, nutritionists, and pharmacists. The self-report questionnaire consisted of four sections: the general characteristics of the respondents (sex, age, marital status, education, and position), as well as the knowledge of, attitudes towards, and practices regarding the COVID-19 disease.

Based on data from the Ministry of Health of the Republic of Indonesia, the number of health personnels in PHCs is 400,908. The following equation was used to estimate the sample size (n) (Formula 1). The equation indicated that a sample size of 384 was needed. To compensate for missing cases, the sample sizes added 10%. Thus the required sample size at least 422. After data collection, the authors checked and cleaned the completed questionnaires. Totally 440 of eligible respondents were received which more than expected for this study.

$$n = \frac{z_{1-\alpha/2}^2 p(1-p)N}{d^2(N-1) + z_{1-\alpha/2}^2 p(1-p)}$$

Notes: n: Minimum Sample Size, N: Population, d: Margin of Error (5%), $Z_{1-\alpha/2}$: Z Table Score, P: Estimated Proportion

Formula 1. Estimate of Sample Size for Cross-Sectional Study

The questionnaire was distributed through social media. The sample was selected by proportional random sampling based on the province of origin.

The data were checked and cleaned for the missing information before being analyzed using statistical tests. The questionnaire consisted of general characteristics, questions about the level of knowledge (LK), the level of attitude (A), and the level of practice (using PPE (UP) and personal hygiene (PH)). Each questionnaire was grouped by province. The eligible questionnaires were collected online, and the cross-sectional surveys were tabulated, analyzed, and statistically interpreted. Descriptive statistics and correlation analysis were employed to determine the frequencies of each question under the variable levels of the KAP of health personnel towards COVID-19 in respect to demographic variables. The Pearson correlation was used to analyze the direction and magnitude of the correlation between each variable (LK, A, and level of practice). The mean scores for each variable (LK, A, UP, PH) obtained concerning their characteristics were analyzed and compared using the independent sample t-test, one-way analysis of variance (ANOVA) to identify the difference between categorical independent variables and numeric dependent variables. In detail, the t-test aimed to see the differences between sex (male and female) and the mean of KAP, and the ANOVA test aimed to see the differences between marital status (single, married, and divorced) and the mean of KAP. The ANOVA test also aimed to see the differences between age groups (20–29, 30–39, 40–49, and 50–59) and the mean of KAP. The statistical software SPSS of Mahidol University, licensed version-18, was used to analyze the data.

Results

A total of 440 eligible samples were analyzed in this study. The average age was 30.4 years, with a standard deviation of 5.7. The minimum age was 22, and the maximum age was 57 years. The majority of respondents were female (69.8%), with 55% married, 41.4% single, and 2.5% divorced. Most graduated at the Diploma III (51.8%); the second rank was senior high school or Diploma I and II (25.7%), as detailed in Table 1.

Ten questions related to the COVID-19 were asked. The average score was 7.7 of 10, with minimum and

maximum scores of 4 and 10, respectively. More than 50% of respondents could answer correctly. However, some respondents provided wrong answers: they did not know that COVID-19 could spread from human to human (36.1%) and lacked knowledge about the common methods to prevent the spread, like washing hands regularly (45.5%). Health personnels who checked, provided care, delivered the patient, and cleaned the COVID-19 ward without any standard PPE could be included in the PUI group, even without symptoms (44.8%). One interesting issue involved the emergency cases: most respondents (81.1%) indicated that they should help patients without any PPE implementation. Health personnels were not required to apply "5 moments of hand hygiene" in handling patients with COVID-19 because they experienced an emergency condition. The "5 moments of hand hygiene" was a procedure issued as a guideline by the Ministry of Health of the Republic of Indonesia. The answers to the other issues raised, shown in Table 3, were at good levels (percentage of correct answers higher than 90%). Participants achieved a mean knowledge score of 55%.

Participants of this study project were asked to respond to five attitude statements. About 98% agreed that health workers must avoid touching/rubbing the eyes, nose, or mouth with potentially contaminated gloves or bare hands. Regarding the three negative attitudes in this questionnaire, the respondents had a good attitude toward responding to COVID-19 preventive measures: about 88% disagreed with working with patients of COVID-19 without PPE, 86.6% disagreed with re-using gloves for the next activity, even in urgent or emergency

cases and 95.2% disagreed with re-using surgical disposal masks. However, most had a positive attitude towards COVID-19 mitigation measures or prevention approaches, as presented in Table 2. Most health personnel had positive attitudes towards mitigating COVID-19 (more than 85%).

Twelve statements were used to assess health personnel practices, as presented in Table 3. Health personnel did not perform many activities appropriately: they did not wear standard masks when providing services at the PHC (10.3%), did not wear a gown (21.9%), did not wear eyeglasses or protect their eyes when providing health services at the PHC (25.4%), and did not wear boots (25.9%). These manners would induce the transmission of the disease to others at the PHC or even

Table 1. General Characteristics of Respondents (n = 440)

Variable	Category	n	%
Sex	Male	127	28.9
	Female	307	69.8
	No identification	6	1.4
Age (year), n = 440	Mean±SD (Min–Max)	30.4±5.7 (22–57)	
Marital status	Single	182	41.4
	Married	242	55.0
	Divorced	10	2.3
	No identification	6	1.4
	Education	Senior high school/Diploma I/	
	Diploma II/or equivalent	115	25.7
	Diploma III	228	51.8
	Bachelor degree	91	20.6
	Master degree or higher	2	0.5
	No identification	6	1.4

Note: SD = Standard Deviation

Table 2. Knowledge and Attitude of Respondents in Each Question

Level of Knowledge Statement	Correct (n)	%
LK1 COVID-19 is a new disease for which there is yet to be confirmed case among humans.	405	91.6
LK2 COVID-19 can spread from human to human through airborne or droplet transmission.	281	63.9
LK3 The people at highest risk of spreading this disease are those who intimately contact patients with COVID-19, including health personnels taking care of patients with COVID-19.	428	97.3
LK4 The standard recommendation to prevent the spread of infection is by washing hands regularly with clean running water.	240	54.5
LK5 Health personnels who check, take care of, deliver the patients, and clean the ward of COVID-19 cases without any standard PPE can be included in the PUI group even without showing symptoms.	243	55.2
LK6 Limiting the number of health personnels in the ward when one has no direct concerns is one step of prevention.	428	97.3
LK7 Before taking specimens from patients with COVID-19, health personnels must take universal precautions.	416	94.5
LK8 Health personnels must use full PPE and standard masks when taking specimens of patients with COVID-19.	407	92.5
LK9 Before using PPE, coveralls, watches, jewelry must be removed.	428	97.3
LK10 Health personnels are not required to apply "5 moments of hand hygiene" when handling COVID-19 patients who require emergency care.	85	18.9
Level of Attitude Statement	Agree (n)	%
A1 Health personnels must avoid touching/rubbing the eyes, nose, or mouth with potentially contaminated gloves or bare hands.	431	98.0
A2 Due to PPE limitations, health personnels are allowed to handle patients with COVID-19 without using PPE due to their responsibility.	51	11.6
A3 In urgent conditions, gloves that have been used are allowed to be re-used.	59	13.4
A4 Surgical masks can be re-used until they break.	21	4.8
A5 When working in the COVID-19 ward, gloves must be changed for each patient.	409	93.0

Notes: LK = Level of Knowledge, A = Level of Attitude, PPE = Personal Protective Equipment

Table 3. The Practice of Using Personal Protective Equipment and Personal Hygiene of Respondents in Primary Health Care

Using PPE Practice Statement	Always		Sometimes		Never	
	n	%	n	%	n	%
UP1 I follow the standards of prevention and control of COVID-19 infections.	376	85.5	39	8.9	25	5.7
UP2 If patients are isolated, I follow transmission-based precautions, e.g., avoiding direct contact with patients and exposure to droplets.	389	88.4	24	5.5	27	6.2
UP3 I wash my hands before and after providing health services at the PHC.	410	93.2	21	4.8	9	2.1
UP4 I wash my hands before and after using gloves.	375	85.2	57	13.0	8	1.9
UP5 I wear gloves whenever I provide health services at the PHC.	376	85.5	50	11.4	14	3.2
UP6 I wear a standard acceptable mask when I provide health services at the PHC.	345	78.4	50	11.4	45	10.3
UP7 I wear a gown when I provide health services at the PHC.	260	59.1	84	19.1	96	21.9
UP8 I wear glasses or eye protection when I provide health services at the PHC.	244	55.5	93	21.1	103	23.4
UP9 I wear (rubber) boots when I provide health services at the PHC.	234	53.2	92	20.9	114	25.9
UP10 I take off my (rubber) boots without touching them with my hands.	294	66.8	86	19.5	60	13.7
UP11 I take off my eye protection by pulling the rope from the back of my head.	317	72.0	61	13.9	62	14.1
UP12 I remove the mask from the back of my head, first removing the lower strap from the top of my head, then removing the upper strap from the back of the head.	310	70.5	106	24.1	24	5.5

The Facilities Supporting COVID-19 Work Question		Yes (n)	%
PH1	Are hand sanitizers/hand rubs available at your workplace during this pandemic?	414	94.1
PH2	Do you easily wash your hands with running water and soap during this pandemic?	425	96.6
PH3	Do you have hand sanitizers/hand rubs and handwashing facilities in your home during this pandemic?	387	88.0
PH4	Do you have handwashing guides/posters in your workplace/home during this pandemic?	405	92.0
PH5	Is PPE available for handling COVID-19?	311	70.7

Notes: PPE = Personal Protective Equipment, UP = Using PPE, PH = Personal Hygiene, PHC = Primary Health Care

Table 4. The Pearson Correlation Coefficient of Knowledge, Attitude, and Practice

Variable	Knowledge Score	Attitude Score	Practice Score
Knowledge score	1	-0.305**	-0.051
Attitude score		1	0.025
Practice score			1

Notes: *p-value < 0.05, **p-value<0.01, ***p-value<0.001

among their family members.

Five questions were asked to all participants. The first question was concerning the availability of hand sanitizers in the workplace during the COVID-19 pandemic. It was found that 5.9% of respondents indicated that they were unavailable. The accessibility to water and soap for handwashing in the workplace was 96.6%, preparing hand sanitizers and handwashing at home was 88%, providing guidelines of handwashing in the workplace or home was 92%, and 70.7% of respondents indicated that PPE was unavailable during the COVID-19 pandemic. Details about PPE issues are presented in Table 3.

The Pearson correlation was tested to understand the correlation of each variable (ratio or interval scale only). It was found that the coefficient correlation between knowledge and attitude was -0.303, which means that a higher level of knowledge will affect a lower attitude with a weak correlation (based on the Pearson coefficient interval). The coefficient correlation between knowledge

and practice was -0.051, which means higher knowledge will affect lower practice with a very weak correlation. The coefficient correlation between attitude and practice was 0.025, which means higher knowledge will affect higher practice with a very low correlation. However, there was no significant correlation between knowledge & practice and attitude & practice (Table 4).

No association of respondent characteristics (sex, marital status, age group) with KAP was found. This result indicated that respondents had similar knowledge levels, attitudes, and practices concerning the COVID-19. The mean KAP score for each category did not differ significantly, as shown in Table 5. The respondents reported that the most important and needed PPE were hazmat suits (44.3%), surgical or medical-grade masks (43.9%), boots (27.5%), goggles (26.3%), and other small proportions such as nurse cups (3.9%), face shields (5.9%), and aprons 2.3%). Fifteen percent indicated that they received proper and sufficient PPE.

Table 5. Comparison of General Characteristics of Respondents and Mean of Knowledge, Attitude, and Practices

Variable	Category	n	%	Knowledge			Attitude			Practice		
				Mean	SD	p-value	Mean	SD	p-value	Mean	SD	p-value
t-test results												
Sex	Male	127	29.3	7.85	1.33	0.26	14.02	1.85	0.06	32.13	4.65	0.45
	Female	307	70.7	7.69	1.41		14.36	1.29		31.76	4.16	
ANOVA test results												
Marital status	Single	182	42.1	7.74	1.26	0.97	13.29	2.43	0.60	31.73	4.31	0.87
	Married	242	56.0	7.72	1.49		13.25	2.25		31.94	4.34	
	Divorced	8	1.9	7.63	0.91		15.00	0.00		32.00	3.38	
Age group	20-29	265	65.8	7.65	1.36	0.283	14.31	1.44	0.49	32.05	4.06	0.14
	30-39	117	28.2	7.81	1.50		14.20	1.55		31.09	4.80	
	40-49	26	6.3	7.96	1.43		14.62	0.98		32.50	4.23	
	50-59	7	1.7	7.00	0.82		14.71	0.76		33.29	3.64	

Note: SD = Standard Deviation

Discussion

As COVID-19 has just emerged, constituting a relatively new disease has caused devastating effects on human life. The publication of disease information and its transmission remains limited. More scientific support is needed. This condition is similar to the study in Malaysia,¹² or other areas like China, Bangladesh, Northwest Ethiopia, and Nigeria.¹⁵⁻¹⁶ Most respondents had good knowledge about COVID-19 according to the average score; however, some questions might need further consideration because many indicated wrong answers. The study in Nigeria also stated the same results, which found that the levels of knowledge among health personnel were 7.1 out of 8.16. Some misunderstood COVID-19 transmission (human to human), so this requires education and knowledge dissemination about the COVID-19 features. As the current pandemic is still currently active, the responsible organizations might have to promote the campaigns of COVID-19 to all PHCs more.¹⁵ Common methods to prevent the disease from spreading, such as washing hands regularly and the awareness of PPE use for everyone in the health center, need further promotion.

Knowledge of COVID-19 among healthcare workers (HCWs) is essential. A study in India found that HCWs are important assets for building capacity and devising preparedness strategies to control the COVID-19.¹⁷ Another study conducted in South Nigeria found that most health personnel felt they were at high risk of being infected, lacked social insurance, and needed provision for PPE.¹⁸ Any strategies to eradicate the COVID-19 will be effective if HCWs have sufficient knowledge of the virus. A study in Malaysia found low levels of knowledge in HCWs and insufficient PPE, so the mortality rate remains high.¹⁹ The study in Saudi Arabia found the inter-relationship between KAP, which specifically showed

that knowledge is the most important variable and could affect attitude and practice.²⁰ Another study in Saudi Arabia also found a high level of knowledge among PHCs, but the level of anxiety was also high at the same time.²¹

The respondents had good attitudes towards reducing the transmission of COVID-19, with an average score of 14.3 and minimum and maximum scores of 5 and 15, respectively. A few were unaware of and unconcerned with the disease transmission resulting from limited PPE in some health centers. They were concerned with and had awareness about using PPE whenever they took care of patients and on the job duty. This indicated a good point of health personnel's perceptions, showing the awareness, promotion, and campaigns launched by central and locally involved organizations. In addition, the internet and social media are easily accessible. They might be factors in personnel perceiving the globally critical situation as well as the ease of transmission and harmfulness of this disease.²² The study conducted in Wuhan, China, in March 2020 and the one conducted in the Kingdom of Saudi Arabia in May 2020 stated that vaccines were still unavailable, so preventive measures are the best approach.^{4,23} In Indonesia, the first batch of COVID-19 vaccines from AstraZeneca arrived in March 2021 through the COVAX initiative.²⁴ This implies much participation in the preventive measures stipulated by the Indonesian government and WHO guidelines. The attitude in terms of motivation, discipline, and leadership led to the good performance of health personnel during the COVID-19 pandemic in Indonesia.²⁵

The health personnel did not perform in a good manner regarding many activities. They did not wear standard masks when providing services at the PHC (10.3%), did not wear a gown (21.9%), did not wear eyeglasses or eye protection when providing health services at the PHC

(23.4%), and did not wear boots (25.9%). Their manners would induce the transmission of the disease to others at the PHC or even among their family members. This indicates that some HCWs require a greater awareness of COVID-19; therefore, more health education and health campaigns should be regularly implemented.²³ The average score of practice was 31.9, with a minimum of 19 and a maximum of 36, indicating that many health personnel did not implement appropriate practices required for COVID-19 transmission prevention. It might be due to the emergency situation, lack of PPE, and a limited number of personal hygiene facilities like hand sanitizers. This finding was important for local and central governments to consider because health personnel should serve as a role model for the general population, as reported by the study conducted in Nigeria.²²

There was no association between knowledge & practices and attitudes & practices among the respondents. According to the governmental training, self-learning from social media, and the guidelines recommended by the Indonesian Government and other organizations, this might be the equivalent of knowledge. Interestingly, a negative association was found among the respondent's knowledge level and attitudes towards the COVID-19. One important aspect was the mindset of health personnel that needs to be focused on in more detail. Therefore, awareness campaigns should be regularly implemented.

There are many vulnerable practices, which may lead to COVID-19 transmission. One study found that the exposure of HCWs to members of the household as well as social interactions between HCWs and members tend to increase the risk of COVID-19 infection among household members.²⁶ Concerning the COVID-19 prevention practice among HCWs, most of them decided to resign due to insufficient PPE, which causes high levels of stress and fear of transmission.²⁷⁻³⁰ HCWs with direct contact with the patients and the kitchen staff mainly were found to be asymptomatic carriers of COVID-19.³¹⁻³⁵ Another study was recommended to provide more PPE to increase the prevention practices among HCWs.³⁶ It is reasonable to state that PPE is the most important factor in increasing protection against and preventing COVID-19 transmission. A study in the USA found the long-term care (LTC) with inadequate supplies of PPE and COVID-19 tests could be causing a high number of cases among HCWs.³⁷ Sufficient effort from all sectors is needed to reduce mortality in the line of duty of HCWs.³⁸ Strict regulation is one way to ensure the availability of PPE.³⁹

This investigation of the KAP of health personnel in Indonesia towards COVID-19 might be the first study covering the whole country. The data collection was conducted online in one month. The readiness of organizations and people, as well as the availability of hardware facilities and PPE support, might be limited in some a-

reas. However, the results may benefit authorized units to set preventive strategies to control the spread of COVID-19.

Conclusion and Recommendations

In summary, this study obtained the baseline information of the KAP of Indonesian health personnel working in PHCs towards COVID-19. The findings indicate that many health personnel lack knowledge about the disease's characteristics and transmission; they implement improper practices when taking care of patients. However, most have good attitudes concerning disease prevention. Concerning PPE requirements, HCWs need more hazmat suits, medical-grade masks, goggles, and boots to respond effectively to COVID-19. Some categories mentioned in this study might benefit the government, especially authorized units such as the central government, The Ministry of Health, and local municipalities. The results can be used for further intervention and education or training programs for health personnel.

Abbreviations

COVID-19: coronavirus disease 2019; WHO: World Health Organization; KAP: Knowledge, Attitude, Practice; PPE: Personal Protective Equipment; PUI: Person Under Inspection; PHC: Primary Health Care; LK: Level of Knowledge; A: Attitude; UP: Using PPE; PH: Personal Hygiene; SPSS: Statistical Package for the Social Sciences; HCWs: Healthcare Workers; LTC: Long-term Care.

Ethics Approval and Consent to Participate

Ethics approval was obtained from the Health Research Ethics Committee, National Institute of Health Research and Development (Certificate of Approval No. LB.02.01/KE.350/2020). All of the respondents could refuse to participate in the study and were given an agreement form before filling in the online questionnaires.

Competing Interest

The authors declare that there are no significant competing financial, professional, or personal interests that might have affected the performance or presentation of the work described in this manuscript.

Availability of Data and Materials

The data of this study's findings are available upon reasonable request to the corresponding author. However, the data are not available to the public regarding the participants' privacy and security.

Authors' Contribution

DS and S designed and conceptualized the study, developed the instrument for collecting the data, and fixed the methodology. Other authors assisted in analyzing and interpreting the data, finding the supporting journals, cleaning the data, preparing the questionnaire, visualizing and interpreting the results, and finalizing the manuscripts.

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