

BUKTI KORESPONDENSI
(LIENA SOFIANA, NIY. 60090585)

"Better knowledge associated with better hand hygiene compliance among nurses in Pembina Kesejahteraan Umat (PKU) Muhammadiyah Hospital, Gamping, Yogyakarta, Indonesia"

The screenshot displays the author's submission review page for submission #237 in the PHPMA journal. The page is divided into two main sections: 'Submission' and 'Peer Review'.

Submission Section:

- Authors:** Liena Sofiana, Gunadi Ardana, Suci Musvita Ayu
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- Section:** Articles
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AN ANALYSIS OF NURSING COMPLIANCE FACTORS IN HAND HYGIENE BEHAVIOR

ABSTRACT

Background and purpose: Infectious diseases are still the main cause of high morbidity and mortality rates in the world, one type of infection is Nosocomial Infection. According to WHO (2011), nosocomial infections can cause 5000 deaths and become a national burden of millions of dollars. Failure to perform good and proper hand hygiene is considered a major cause of infections related to health care. Hand hygiene is a basic technique that is important in preventing infection. Health workers are the most vulnerable in transmitting infections are nurses, because for 24 hours accompanying patients. This study aims to determine the relationship of knowledge, attitudes and motivation with the level of nurse compliance in hand hygiene behavior in class III inpatient rooms of PKU Muhammadiyah Gamping Hospital.

Methods: This research is a quantitative study using a cross-sectional approach. This study aims to determine the pattern of relationships between two or more variables in a given time. The sample of this study consisted of 41 permanent nurses working in class III inpatient rooms of PKU Muhammadiyah Gamping Hospital.

Results: The results of this study indicate that there is a significant relationship between knowledge and the level of nurse compliance in hand hygiene behavior, namely the chi-square test (0.001), while the variables that are not related to nurse compliance in hand hygiene behavior are attitudes and motivation with the results of the chi-square test attitude (0.577) and motivation (0.771).

Conclusion: Variable related to the level of nurse compliance in hand hygiene behavior in class III inpatient rooms of PKU Muhammadiyah Gamping Hospital is knowledge.

Keywords: Compliance, Hand Hygiene, Knowledge, Attitude, Motivation.

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Include suggestion to hospital's PPI

INTRODUCTION

Infectious diseases are still the main cause of high morbidity and mortality rates in the world. One type of infection is Nosocomial Infection. This infection causes 1.4 million deaths every day worldwide (1). Nosocomial infection is currently one of the causes of increasing morbidity and mortality in hospitals, so that it can become a new health problem in developing countries and in developed countries (2).

Failure to perform good and proper hand hygiene is considered to be a major cause of infections related to health services and the spread of multi-resistant microorganisms in health facilities and has been recognized as an important contributor to the outbreak. As a result of non-compliance with hand hygiene in hospitals, 9% of nosocomial infections worldwide occur with variations between (3-20%) in hospitalization (3). Health workers who are most vulnerable in transmitting infections are nurses, because for 24 hours accompanying patients, it is assumed to take a significant role in contributing to the prevention of nosocomial infections. Awareness about hand hygiene in health workers is a fundamental behavior in efforts to prevent infection in hospitals (4).

Seeing the high incidence of nosocomial infections that occur both in the world and in Indonesia, it is necessary to reduce the number of incidents, namely by applying hand hygiene (5). Hand hygiene is an important basic technique in preventing infection, ~~hand hygiene during the implementation of nursing actions is~~ and the most effective way to prevent nosocomial infections in the hospital environment. Awareness of the importance of hand hygiene in health workers is needed in efforts to prevent nosocomial infections. The results of several previous studies indicate that knowledge of hand hygiene is the most basic thing that must be possessed by a nurse (6). Other research also shows that attitude and motivation are also related to nurse compliance in the application

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Suggestion read articles: Burden of endemic health-care-associated infection in developing countries: systematic review and meta-analysis; Report on the Burden of Endemic Health Care-Associated Infection Worldwide

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of hand hygiene (7).

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Based on observations and interviews with a PPI Superintendent (Infection Prevention and Control) at PKU Muhammadiyah Gamping Hospital, information was obtained that for compliance with hand hygiene, especially nurses are always high, because nurses already know about the 5 moments of hand hygiene and the 6 steps hand hygiene procedure according to World Health Organization (WHO) standards and can practice it well, but there are still some nurses who miss 5 moments of hand hygiene, based on observations made by PPI supervisors (Infection Prevention and Control), nurses often miss 1 and 2 moments before contact with patients and before performing aseptic procedures when carrying out nursing care, because nurses have a perception by assuming that the application of hand hygiene or not according to them it has no effect. Based on the phenomena mentioned above, the researcher is interested in conducting research on "Factors Related to Nurse Compliance Levels in Hand Hygiene Behavior in Class III Inpatient Room of PKU Muhammadiyah Gamping Hospital".

METHODS

This research was a quantitative study used a cross sectional approach. This type of research aims to determine the pattern of relationships between two or more variables in a given time. The population in this study were permanent nurses working in class III inpatient rooms of RSU PKU Muhammadiyah Gamping, amounting to 41 people. The sampling technique used in this study was Total Sampling, that is the sample used in this study were all permanent nurses working in class III inpatient rooms of RSU PKU Muhammadiyah Gamping. Tools and instruments in this study used questionnaires and observation sheets. Data that has been collected through observation and questionnaire, and then data analysis used the chi square test. This study has received ethical approval

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from the ethical committee of Ahmad Dahlan University with registration number 011908081.

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RESULTS

Respondent characteristics are used for diversity of respondents based on age, gender, level of education, length of service, and basic PPI training. This is expected to provide a clear picture of the condition of the respondents and their relation to the problems and objectives of the research.

Table 1. Characteristics of Respondents in Class III Inpatient Room of PKU Muhammadiyah Gamping Hospital in 2019

No	Respondent Characteristics	Total (n)	Percentage (%)
1.	Age (Year)		
	17-25	7	17.1
	26-35	33	80.5
	36-45	-	-
	46-55	1	2,4
2.	Gender		
	Male	9	22
	Female	32	78
3.	Education		
	SPK	-	-
	D3	16	39
	S1	6	15
	Profession	19	46
4.	Working period		
	New ≤ 3 years	24	58
	Long > 3 years	17	42
5.	Basic PPI Training		
	Never	5	12
	Ever	36	88
	Total	41	100

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Table 1 shows the characteristics of respondents by age with the largest number by age categorization according to (8) which is in the age range of 26-35 years with a number of 33 nurses with a percentage (80.5%) and at least being in the age range of 46-55 years with a number of 1 nurses with a percentage (2.4%). Based on gender characteristics, the

most number is female with 32 nurses with a percentage (78%), while male is 9 nurses with a percentage (22%). Characteristics of respondents based on education level showed that the most number was Profession with 19 nurses with a percentage (46%), and the least was S1 education with a total of 6 nurses with a percentage (15%). Characteristics of respondents based on years of service show that the most number is new years with 24 nurses with a percentage (58%) while those with long tenure are 17 nurses with a percentage (42%) and respondent characteristics based on basic PPI training indicate that 5 nurses with a percentage (12%) had never attended basic PPI training and as many as 36 nurses with a percentage (88%) had attended basic PPI training, most nurses had attended Basic PPI Training held at PKU Muhammadiyah Gamping Hospital.

Table 2. Univariate Results of the Distribution of Knowledge Frequency, Attitude, Motivation and Compliance Level of Nurses in Hand Hygiene Behavior in Class III Inpatient Room of PKU Muhammadiyah Gamping Hospital in 2019

No	Variable	Total (n)	Percentage (%)
1.	Education Knowledge		
	Low	19	46
	High	22	54
2.	Attitude		
	Poor	30	73
	Good	11	27
3.	Motivation		
	Low	14	34
	High	27	66
4.	Compliance in <i>Hand Hygiene</i>		
	No	12	29
	Yes	29	71
	Total	41	100

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Table 2 shows that nurses who have low knowledge are 19 nurses with a percentage (46%), while nurses who have high knowledge are 22 nurses with a percentage (54%). Nurses who have a bad-poor attitude are 30 nurses with a percentage (73%), while nurses who have a good attitude are 11 nurses with a percentage (27%). Nurses who have low motivation are 14 nurses with a percentage (34%), while nurses who have high motivation

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are 27 nurses with a percentage (66%). There were 12 nurses who had compliance with hand hygiene compliance, which were 12 nurses with a percentage (29%). Meanwhile, nurses who have compliant hand hygiene compliance rates are 29 nurses with a percentage (71%).

Table 3. Bivariate Results Relationship between Knowledge and Compliance Level of Nurse Hand Hygiene in Class III Inpatient Room of PKU Muhammadiyah Gamping Hospital in 2019

Sampling Hospital in 2019								
Knowledge	Compliance Level				Total		P Value	RP 95% CI
	not obedient		Obedient					
	n	%	n	%	n	%		
Low	11	26.8	8	19.5	19	46.3	0.001	12.737 (1.807 – 89.785)
High	1	2.4	21	51.2	22	53.7		
Total	12	29.3	29	70.7	41	100		

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Table 3 shows that nurses with low knowledge category have compliance level of non-compliant hand hygiene are 11 nurses with percentage (26.8%) and nurses who have compliance with compliance with hand hygiene are 8 with percentage (19.5%). Meanwhile, nurses with a high knowledge category with non-compliant hand hygiene levels were 1 nurse with a percentage (2.4%) and those who had compliance with hand hygiene compliance were 21 nurses with a percentage (51.2%).

Chi-square test results showed that the p value $0.001 < 0.05$, which means that there is a significant relationship between knowledge and the level of nurse compliance in hand hygiene behavior. **Biological significance** was found to be IDR 12,737 (CI = 95% 1,807-89,785) which means nurses with low knowledge categories **had a risk** of 12,737 times greater risk of not complying with hand hygiene compliance compared to nurses who had high knowledge.

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Table 4. Bivariate Results Relationship between Attitude and Compliance Level of Nurse Hand Hygiene in Class III Inpatient Room of PKU Muhammadiyah Gamping Hospital in 2019

Attitude	Compliance Level				Total	<i>P Value</i>	RP 95% CI
	Not Obedient		Obedient				
	n	%	n	%	n	%	
Poor	10	24.4	20	48.8	30	73.2	0.577 1.833 (0.474 – 7.085)
Good	2	4.9	9	22.0	11	26.8	
Total	12	29.3	29	70.7	41	100	

Table 4 shows that nurses with a bad attitude category proved to be non-compliant in terms of hand hygiene, amounting to 10 nurses with a percentage (24.4%) and those compliant were 20 with a percentage (48.8%). Meanwhile, nurses with a good attitude category with non-compliant hand hygiene compliance levels amounted to 2 nurses with a percentage (4.9%) and had obedient hand hygiene compliance levels totaling 9 nurses with a percentage (22.0%).

Chi-square test results showed that $p \text{ value } 0.577 > 0.05$ which means there is no significant relationship between attitude and the level of nurse compliance in hand hygiene behavior. Biological significance is found to be IDR 1.833 (95% CI 0.474-7.085) which means that attitude can be said is not necessarily a risk factor.

Table 5. Bivariate Results Relationship of Motivation and Compliance Level of Nurse Hand Hygiene in Class III Inpatient Room of PKU Muhammadiyah Gamping Hospital in 2019

Motivation	Compliance Level				Total	<i>P Value</i>	RP 95% CI	
	Not obedient		Obedient					
	n	%	n	%				n
Low	5	12.2	9	22.0	14	34.1	0.771	1.378 (0.533 – 3.558)
High	7	17.1	20	48.8	27	65.9		
Total	12	29.3	29	70.7	41	100		

Table 5 shows that nurses with low motivation categories who are not compliant in terms of hand hygiene are 5 nurses with a percentage (12.2%) and those who are obedient are 9 with a percentage (22.0%). Meanwhile, nurses with high motivation but not

compliant in terms of hand hygiene were 7 nurses with a percentage (17.1%) and those who were obedient were 20 nurses with a percentage (48.8%). Chi-square test results showed that p value $0.771 > 0.05$, which means there is no significant relationship between motivation and the level of nurse compliance in hand hygiene behavior. Biological significance is found to be IDR 1,378 (CI = 95% 0.533-3,558) which means motivation can be said to be not necessarily a risk factor.

DISCUSSION

The Effect of Knowledge on Nurse Compliance Level in Hand Hygiene Behavior

Based on the bivariate results in table 3, it can be concluded that there is a relationship between knowledge and the level of nurse compliance in hand hygiene behavior. Nurses who have low knowledge are more disobedient compared to nurses who have high knowledge, with a p value of 0.001. Biologically meaningful, knowledge is a risk factor because it has a value of R_p .

Based on table 3 it can be seen that nurses who have low knowledge amount to 8 nurses with a percentage (19.5%) who perform hand hygiene behaviors obediently, while nurses who have high knowledge total 21 nurses with a percentage (51.2%) who perform behaviors hand hygiene obediently. This shows that a person's high knowledge can influence a person's behavior or actions in complying with hand hygiene obediently.

The results of this study indicate that the relationship of nurses' knowledge with adherence to hand hygiene behavior can be influenced by good knowledge factors owned by nurses, there are several factors including education, the higher the nurse's education level, the more information obtained, in addition to the training which was followed by the majority of nurses on the prevention and control of nosocomial infections including on hand hygiene as well as adequate supporting facilities for hand hygiene in accordance

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with standard operational procedures (SOP) such as hand washing posters in every sink and hand rub in each nursing room in the ward in class III PKU Muhammadiyah Gamping Hospital.

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Knowledge is very important in shaping one's actions. Knowledge is a factor that can influence one's actions so that behavior based on knowledge will last longer than those that do not, thus the better a person's knowledge the better they do it. So knowledge can also influence one's behavior (9). This study shows the level of nursing education is Nursing DIII as many as 16 nurses with a percentage (39%), Professional Nursing as many as 19 nurses with a percentage (46%), while S1 nursing education as many as 6 nurses with a percentage (15%), so nurses get theories about implementation of hand hygiene during higher studies, nurses get more knowledge.

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This is in line with research that explains that the level of education also influences the receipt of information, for example when given information about how to do the six steps of washing hands that are standardized by WHO, if higher education will be more open and faster to absorb and apply the information obtained. Education has an important role in determining human quality, high nurse education will improve the quality of nursing care in hospitals. (10)

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The Effect of Attitude on Nurse Compliance Level in Hand Hygiene Behavior

Based on the bivariate results in table 4, it can be concluded that there is no significant relationship between nurses' attitudes and the level of nurse compliance in hand hygiene behavior with a p value of 0.577. Nurses who have a bad attitude tend to be disobedient in terms of hand hygiene are 10 nurses with a percentage (24.4%), while nurses who have a good and disobedient attitude are 2 nurses with a percentage (4.9%). Biological significance is found to be IDR 1.833 (95% CI 0.474-7.085) which means that

attitude can be said is not necessarily a risk factor.

The results of this study indicate that there is no relationship between attitude and nurses' compliance with hand hygiene behavior which can be caused by attitude not being an action. The attitude of a good nurse will affect compliance with good hand hygiene, although there are still some nurses whose attitude is not necessarily obedient to doing hand hygiene. ~~The results obtained from questionnaires filled out by nurses and the results of field observations indicate that nurses' attitudes towards the implementation of hand hygiene when performing nursing actions are still low.~~

A total of 12 nurses are often found not to do hand hygiene before touching with patients and before performing clean / sterile procedures. Bad attitudes of nurses are also often found when wearing gloves, nurses do not do hand hygiene before using gloves, but after using gloves nurses must do hand hygiene. Gloves can not replace the function of washing hands, it is because of the possibility of small damage that is not visible to the eye. For this reason hand washing must be done before and after using gloves, gloves must be replaced if there is a torn, dirty and perforated (11).

Attitude is a response of someone who is still closed, attitude is also a person's readiness to act. A good attitude will give someone good or bad actions. A good attitude is a thing that can form good behavior so that a good attitude will affect nurses' compliance in hand hygiene behavior (12).

Individual attitudes are usually consistent with one another and in their actions are also consistent with others (13). attitude can help to achieve goals so that someone will be positive or negative, because there are nurses who feel able or unable to take action in accordance with procedures in washing hands (14). Supporting factors for an attitude to manifest in an action include the availability of facilities. PKU Muhammadiyah Gamping

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Explain the why this study result is different to previous studies

Hospital has adequate hand hygiene facilities or infrastructure. Hand hygiene facilities available in each class III inpatient room include washbasins, anti-bacterial fluids, rubbish bins, hand rubs, tissues and hand washing posters covering six steps of washing hands according to WHO. The existence of facilities or infrastructure is useful to support nurses' attitudes to perform compliance with hand hygiene. an attitude has not automatically manifested in an action. The attitude clearly shows the suitability of the reaction with the stimulus (12).

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The Effect of Motivation on Nurse Compliance Levels in Hand Hygiene Behavior

Based on the bivariate results in table 5, it can be concluded that there is no significant relationship between motivation of nurses and the level of nurse compliance in hand hygiene behavior with a p value of 0.771. Nurses who have low motivation tend to be non-compliant in terms of hand hygiene, which is 5 nurses with a percentage (12.2%), while nurses who have high motivation tend to be disobedient, amounting to 7 nurses with a percentage (17.1%). Biological significance is found to be IDR 1,378 (CI = 95% 0.533-3,558) which means motivation can be said to be not necessarily a risk factor.

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~~The results of this study indicate that the absence of a motivational relationship with nurses' compliance in hand hygiene behavior can be caused because there are still some nurses whose awareness in themselves to carry out hand hygiene measures is still low, as many as 14 nurses found that motivation is still low from the questionnaire filled out, so that it can affect compliance in implementing hand hygiene properly and correctly. If nurses realize that implementing hand hygiene is important for every health worker, nurses will do hand hygiene properly and correctly.~~ The results obtained from the questionnaire filled out by nurses indicate that there are 5 nurses who do hand hygiene if there is supervision or monitoring from superiors only, so that it can affect the motivation

of nurses in implementing hand hygiene. This causes the need for self-awareness of the individual itself to do hand hygiene properly. Support from the head of the room or the Chairperson can also increase compliance with hand hygiene behaviors. Coworkers are also one of the factors that can influence a person to take an action, if the environment around doing good things such as doing good hand hygiene, indirectly someone will follow the same thing.

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High motivation possessed by nurses can increase nurse compliance in carrying out the six steps of washing hands properly and correctly (15). Factors that influence a person's motivation are due to personal needs, goals and perceptions of the person or group concerned and in what way those needs and goals will be realized. Motivation is a need in humans that needs to be met. The response to a need will be manifested in an action to meet those needs. If these needs have not been fulfilled then strength will arise to meet those needs (16).

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Explain the why this study result is different to previous studies

Motivation theory according to Douglas Mc Gregor states that motivation is important to encourage someone to work because motivation is the energy that drives a person to get up to carry out work tasks to achieve the goals set. Motivation is one of the drivers of the emergence of an attitude and intention to do something. motivation is an impetus for someone to achieve desires so that an agreement is reached between personal needs and organizational goals (17).

Nurse motivation improvement can be positively done through the provision of rewards (awards) to nurses who have good compliance with the implementation of hand hygiene according to standards. So far, there has been no reward for nurses, but it has already been suggested and might be done if financial management is good. In addition by involving nurses in training programs, seminars and workshops, providing adequate

compensation can positively increase nurses' motivation. Provision of positive motivation that always gives gifts or rewards to members who succeed in doing good actions and negative motivation that always gives a penalty or threat to members who do wrong in taking action (9).

CONCLUSION

High knowledge on.....increases compliance nurse on hand hygiene ~~Variable related to the level of nurse compliance in hand hygiene behavior in is knowledge, and while~~ variable attitude and motivation do not related to the level of nurse compliance in hand hygiene behavior ~~are attitude and motivation.~~

ACKNOWLEDGMENT

We would like to thank you to all respondent who were willing to be participants in this study.

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AN ANALYSIS OF NURSING COMPLIANCE FACTORS IN HAND HYGIENE BEHAVIOR

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Background and purpose: Infectious diseases are still the main cause of high morbidity and mortality rates in the world, one type of infection is Nosocomial Infection. According to WHO (2011), nosocomial infections can cause 5000 deaths and become a national burden of millions of dollars. Failure to perform good and proper hand hygiene is considered a major cause of infections related to health care. Hand hygiene is a basic technique that is important in preventing infection. Health workers who are the most vulnerable in transmitting infections are nurses, because ~~for 24 hours~~ accompanying patients for 24 hours. This study aims to determine the relationship of knowledge, attitudes and motivation with the level of nurse compliance in hand hygiene behavior in class III inpatient rooms of PKU Muhammadiyah Gamping Hospital..

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Conclusion: Variable related to the level of nurse compliance in hand hygiene behavior in class III inpatient rooms of PKU Muhammadiyah Gamping Hospital is knowledge.

Keywords: Compliance, Hand Hygiene, Knowledge, Attitude, Motivation.

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INTRODUCTION

Infectious diseases are still the main cause of high morbidity and mortality rates in the world. One type of infection is ~~Nosocomial~~ nosocomial ~~Infection~~infection. This infection causes 1.4 million deaths every day worldwide (1). Nosocomial infection is currently one of the causes of increasing morbidity and mortality in hospitals, so that it can become a new health problem in developing countries and in developed countries (2).

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Failure to perform good and proper hand hygiene is considered to be a major cause of infections related to health services and the spread of multi-resistant microorganisms in health facilities and has been recognized as an important contributor to the outbreak (citation?). As a result of non-compliance with hand hygiene in hospitals, 9% of nosocomial infections worldwide occur with variations between ~~(3-20%)~~ in hospitalization (3). Health workers who are most vulnerable in transmitting infections are nurses, because for 24 hours accompanying patients. It is assumed to take a significant role in contributing to the prevention of nosocomial infections. Awareness about hand hygiene in health workers is a fundamental behavior in efforts to prevent infection in hospitals (4).

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Seeing the high incidence of nosocomial infections that occur both in the world and in Indonesia, it is necessary to reduce the number of incidents, namely by applying hand hygiene (5). Hand hygiene is an important basic technique in preventing infection, hand hygiene during the implementation of nursing actions is the most effective way to prevent nosocomial infections in the hospital environment. Awareness of the importance of hand hygiene in health workers is needed in efforts to prevent nosocomial infections. The results of several previous studies indicate that knowledge of hand hygiene is the most basic thing that must be possessed by a nurse (6). Other research also shows that

attitude and motivation are also related to nurse compliance in the application of hand hygiene (7).

Based on observations and interviews with a PPI Superintendent (Infection Prevention and Control) at PKU Muhammadiyah Gamping Hospital, information was obtained that for compliance with hand hygiene, especially nurses are always high, because nurses already know about the 5 moments of hand hygiene and the 6 steps hand hygiene procedure according to World Health Organization (WHO) standards and can practice it well, but there are still some nurses who miss 5 moments of hand hygiene, based on observations made by PPI supervisors (Infection Prevention and Control), nurses often miss 1 and 2 moments before contact with patients and before performing aseptic procedures when carrying out nursing care, because nurses have a perception by assuming that the application of hand hygiene or not according to them it has no effect.

Based on the phenomena mentioned above, the researcher is interested in conducting research on "Factors Related to Nurse Compliance Levels in Hand Hygiene Behavior in Class III Inpatient Room of PKU Muhammadiyah Gamping Hospital".

METHODS

This research was a quantitative study used a cross sectional approach. This type of research aims to determine the pattern of relationships between two or more variables in a given time. The population in this study were permanent nurses working in class III inpatient rooms of RSU PKU Muhammadiyah Gamping, amounting to 41 people. The sampling technique used in this study was Total Sampling, that is the sample used in this study were all permanent nurses working in class III inpatient rooms of RSU PKU Muhammadiyah Gamping. Tools and instruments used in this study ~~used~~were questionnaires and observation sheets. Data that has been collected through observation

Commented [Y7]: This sentence is very long thus difficult to follow the argument

Commented [Y8]: Practice gap is easy to be observed in this case, however, for a research, it needs to argue for a knowledge gap to perform the research

and questionnaire, ~~and then was data analysis analysed used using~~ the chi square test. This study has received ethical approval from the ethical committee of Ahmad Dahlan University with registration number 011908081.

RESULTS

Respondent characteristics ~~are used for diversity~~ of respondents based on age, gender, level of education, length of service, and basic PPI training. This is expected to provide a clear picture of the condition of the respondents and their relation to the problems and objectives of the research.

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Table 1. Characteristics of Respondents in Class III Inpatient Room of PKU Muhammadiyah Gamping Hospital in 2019

No	Respondent Characteristics	Total (n)	Percentage (%)
1.	Age (Year)		
	17-25	7	17.1
	26-35	33	80.5
	36-45	-	-
	46-55	1	2.4
2.	Gender		
	Male	9	22
	Female	32	78
3.	Education		
	SPK	-	-
	D3	16	39
	S1	6	15
	Profession	19	46
4.	Working period		
	New \leq 3 years	24	58
	Long $>$ 3 years	17	42
5.	Basic PPI Training		
	Never	5	12
	Ever	36	88
Total		41	100

Table 1 shows the characteristics of respondents by age with the largest number by age categorization according to (8) which is in the age range of 26-35 years with a number of 33 nurses with a percentage (80.5%) and at least being in the age range of 46-55 years

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with a number of 1 nurses with a percentage (2.4%). Based on gender characteristics, the most number is female with 32 nurses with a percentage (78%), while male is 9 nurses with a percentage (22%). Characteristics of respondents based on education level showed that the most number was Profession with 19 nurses with a percentage (46%), and the least was S1 education with a total of 6 nurses with a percentage (15%). Characteristics of respondents based on years of service show that the most number is new years with 24 nurses with a percentage (58%) while those with long tenure are 17 nurses with a percentage (42%) and respondent characteristics based on basic PPI training indicate that 5 nurses with a percentage (12%) had never attended basic PPI training and as many as 36 nurses with a percentage (88%) had attended basic PPI training, most nurses had attended Basic PPI Training held at PKU Muhammadiyah Gamping Hospital.

Table 2. Univariate Results of the Distribution of Knowledge Frequency, Attitude, Motivation and Compliance Level of Nurses in Hand Hygiene Behavior in Class III Inpatient Room of PKU Muhammadiyah Gamping Hospital in 2019

No	Variable	Total (n)	Percentage (%)
1.	Education		
	Low	19	46
	High	22	54
2.	Attitude		
	Poor	30	73
	Good	11	27
3.	Motivation		
	Low	14	34
	High	27	66
4.	Compliance in <i>Hand Hygiene</i>		
	No	12	29
	Yes	29	71
Total		41	100

Commented [Y11]: Knowledge ?? differ with education

Table 2 shows that nurses who have low knowledge are 19 nurses with a percentage (46%), while nurses who have high knowledge are 22 nurses with a percentage (54%). Nurses who have a bad attitude are 30 nurses with a percentage (73%), while nurses who have a good attitude are 11 nurses with a percentage (27%). Nurses who have low

motivation are 14 nurses with a percentage (34%), while nurses who have high motivation are 27 nurses with a percentage (66%). There were 12 nurses who had compliance with hand hygiene compliance, which were 12 nurses with a percentage (29%). Meanwhile, nurses who have compliant hand hygiene compliance rates are 29 nurses with a percentage (71%).

Table 3. Bivariate Results Relationship between Knowledge and Compliance Level of Nurse Hand Hygiene in Class III Inpatient Room of PKU Muhammadiyah Gamping Hospital in 2019

Sampling Hospital in 2019								
Knowledge	Compliance Level				Total		P Value	RP 95% CI
	not obedient		Obedient					
	n	%	n	%	n	%		
Low	11	26.8	8	19.5	19	46.3	0.001	12.737 (1.807 – 89.785)
High	1	2.4	21	51.2	22	53.7		
Total	12	29.3	29	70.7	41	100		

Table 3 shows that nurses with low knowledge category have compliance level of non-compliant hand hygiene are 11 nurses with percentage (26.8%) and nurses who have compliance with compliance with hand hygiene are 8 with percentage (19.5%). Meanwhile, nurses with a high knowledge category with non-compliant hand hygiene levels were 1 nurse with a percentage (2.4%) and those who had compliance with hand hygiene compliance were 21 nurses with a percentage (51.2%).

Chi-square test results showed that the p value $0.001 < 0.05$, which means that there is a significant relationship between knowledge and the level of nurse compliance in hand hygiene behavior. Biological significance was found to be IDR 12,737 (CI = 95% 1,807-89,785) which means nurses with low knowledge categories had a risk of 12,737 times greater risk of not complying with hand hygiene compliance compared to nurses who had high knowledge.

Commented [Y12]: What is biological significant?

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Table 4. Bivariate Results Relationship between Attitude and Compliance Level of Nurse

Hand Hygiene in Class III Inpatient Room of PKU Muhammadiyah Gamping Hospital in 2019

Attitude	Compliance Level				Total	<i>P Value</i>	RP 95% CI	
	Not Obedient		Obedient					
	n	%	n	%	n			%
Poor	10	24.4	20	48.8	30	73.2	0.577	1.833 (0.474 – 7.085)
Good	2	4.9	9	22.0	11	26.8		
Total	12	29.3	29	70.7	41	100		

Table 4 shows that nurses with a bad attitude category proved to be non-compliant in terms of hand hygiene, amounting to 10 nurses with a percentage (24.4%) and those compliant were 20 with a percentage (48.8%). Meanwhile, nurses with a good attitude category with non-compliant hand hygiene compliance levels amounted to 2 nurses with a percentage (4.9%) and had obedient hand hygiene compliance levels totaling 9 nurses with a percentage (22.0%).

Chi-square test results showed that p value $0.577 > 0.05$ which means there is no significant relationship between attitude and the level of nurse compliance in hand hygiene behavior. Biological significance is found to be IDR 1.833 (95% CI 0.474-7.085) which means that attitude can be said is not necessarily a risk factor.

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Table 5. Bivariate Results Relationship of Motivation and Compliance Level of Nurse Hand Hygiene in Class III Inpatient Room of PKU Muhammadiyah Gamping Hospital in 2019

Motivation	Compliance Level				Total	<i>P Value</i>	RP 95% CI
	Not obedient		Obedient				
	n	%	n	%	n		
Low	5	12.2	9	22.0	14	34.1	0.771 (0.533 – 3.558)
High	7	17.1	20	48.8	27	65.9	
Total	12	29.3	29	70.7	41	100	

Table 5 shows that nurses with low motivation categories who are not compliant in terms of hand hygiene are 5 nurses with a percentage (12.2%) and those who are obedient

are 9 with a percentage (22.0%). Meanwhile, nurses with high motivation but not compliant in terms of hand hygiene were 7 nurses with a percentage (17.1%) and those who were obedient were 20 nurses with a percentage (48.8%). Chi-square test results showed that $p\text{ value } 0.771 > 0.05$, which means there is no significant relationship between motivation and the level of nurse compliance in hand hygiene behavior. Biological significance is found to be IDR 1,378 (CI = 95% 0.533-3,558) which means motivation can be said to be not necessarily a risk factor.

DISCUSSION

The Effect of Knowledge on Nurse Compliance Level in Hand Hygiene Behavior

Based on the bivariate results in table 3, it can be concluded that there is a relationship between knowledge and the level of nurse compliance in hand hygiene behavior. Nurses who have low knowledge are more disobedient compared to nurses who have high knowledge, with a $p\text{ value of } 0.001$. Biologically meaningful, knowledge is a risk factor because it has a value of R_p .

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Commented [Y17]: How much?

Based on table 3 it can be seen that nurses who have low knowledge amount to 8 nurses with a percentage (19.5%) who perform hand hygiene behaviors obediently, while nurses who have high knowledge total 21 nurses with a percentage (51.2%) who perform behaviors hand hygiene obediently. This shows that a person's high knowledge can influence a person's behavior or actions in complying with hand hygiene obediently.

Commented [Y18]: How do you relate the proportion with the influence of good knowledge nurse to the low knowledge? Perhaps there is other factors

The results of this study indicate that the relationship of nurses' knowledge with adherence to hand hygiene behavior can be influenced by good knowledge factors owned by nurses, there are several factors including education, the higher the nurse's education level, the more information obtained, in addition to the training which was followed by the majority of nurses on the prevention and control of nosocomial infections including

on hand hygiene as well as adequate supporting facilities for hand hygiene in accordance with standard operational procedures (SOP) such as hand washing posters in every sink and hand rub in each nursing room in the ward in class III PKU Muhammadiyah Gamping Hospital.

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Knowledge is very important in shaping one's actions. Knowledge is a factor that can influence one's actions so that behavior based on knowledge will last longer than those that do not, thus the better a person's knowledge the better they do it. So knowledge can also influence one's behavior (9). This study shows the level of nurse~~ing~~ education is Nursing DIII as many as 16 nurses with a percentage (39%), Professional Nursing as many as 19 nurses with a percentage (46%), while S1 nursing education as many as 6 nurses with a percentage (15%), so nurses get theories about implementation of hand hygiene during higher studies, nurses get more knowledge.

Commented [Y20]: Please make the argument clearer, because almost all nurse obtained certain level of education, but some of them were not performing hand hygiene well. So how you can explain about nurse who do not have good knowledge on hand hygiene while they should theoretically obtain it from their education?

This is in line with research that explains that the level of education also influences the receipt of information, for example when given information about how to do the six steps of washing hands that are standardized by WHO, if higher education will be more open and faster to absorb and apply the information obtained. Education has an important role in determining human quality, high nurse education will improve the quality of nursing care in hospitals. (10)

Commented [Y21]: Do you have the analysis of association of education level with the level of compliance to prove?

The Effect of Attitude on Nurse Compliance Level in Hand Hygiene Behavior

Based on the bivariate results in table 4, it can be concluded that there is no significant relationship between nurses' attitudes and the level of nurse compliance in hand hygiene behavior with a p value of 0.577. Nurses who have a bad attitude tend to be disobedient in terms of hand hygiene are 10 nurses with a percentage (24.4%), while nurses who have a good and disobedient attitude are 2 nurses with a percentage (4.9%).

Biological significance is found to be IDR 1.833 (95% CI 0.474-7.085) which means that attitude can be said is not necessarily a risk factor.

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The results of this study indicate that there is no relationship between attitude and nurses' compliance with hand hygiene behavior which can be caused by attitude not being an action. The attitude of a good nurse will affect compliance with good hand hygiene, although there are still some nurses whose attitude is not necessarily obedient to doing hand hygiene. The results obtained from questionnaires filled out by nurses and the results of field observations indicate that nurses' attitudes towards the implementation of hand hygiene when performing nursing actions are still low. A total of 12 nurses are often found not to do hand hygiene before touching with patients and before performing clean / sterile procedures. Bad attitudes of nurses are also often found when wearing gloves, nurses were frequently found ~~do not performing~~ hand hygiene before using gloves, but after using gloves nurses must do hand hygiene. Gloves can not replace the function of washing hands, it is because of the possibility of small damage that is not visible to the eye. For this reason hand washing must be done before and after using gloves, gloves must be replaced if there is a torn, dirty and perforated (11).

Commented [Y25]: What is a good nurse? Positive attitude of nurse toward hand hygiene?

Commented [Y26]: Please revised the sentence to make the argument clearer

Commented [Y27]: attitude are rarely categorized as low, I more familiar with the categorization of positive or negative attitude towards a behavior

I actually not really clear with the meaning of this sentence

Commented [Y28]: So how do you related this with attitude? What this is show? Positive attitude not always followed by compliance?

Commented [Y29]: Must? Or found to wash their hand

Commented [Y30]: Please clearly differentiate which one is the observed behavior, which one is the expected behavior

Did I fixed the sentence correctly?

Attitude is a response of someone who is still closed, attitude is also a person's readiness to act. A good attitude will give someone good or bad actions. A good attitude is a thing that can form good behavior so that a good attitude will affect nurses' compliance in hand hygiene behavior (12).

Individual attitudes are usually consistent with one another and in their actions are also consistent with others (13). attitude can help to achieve goals so that someone will be positive or negative.....?, because there are nurses who feel able or unable to take action in accordance with procedures in washing hands (14). Supporting factors for an

Commented [Y31]: Not clear

attitude to manifest in an action include the availability of facilities. PKU Muhammadiyah Gamping Hospital has adequate hand hygiene facilities or infrastructure. Hand hygiene facilities available in each class III inpatient room include washbasins, anti-bacterial fluids, rubbish bins, hand rubs, tissues and hand washing posters covering six steps of washing hands according to WHO. The existence of facilities or infrastructure is useful to support nurses' attitudes to perform compliance with hand hygiene. an attitude has not automatically manifested in an action. The attitude clearly shows the suitability of the reaction with the stimulus (12).

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The Effect of Motivation on Nurse Compliance Levels in Hand Hygiene Behavior

Based on the bivariate results in table 5, it can be concluded that there is no significant relationship between motivation of nurses and the level of nurse compliance in hand hygiene behavior with a p value of 0.771. Nurses who have low motivation tend to be non-compliant in terms of hand hygiene, which is 5 nurses with a percentage (12.2%), while nurses who have high motivation tend to be disobedient, amounting to 7 nurses with a percentage (17.1%). Biological significance is found to be IDR 1,378 (CI = 95% 0.533-3,558) which means motivation can be said to be not necessarily a risk factor.

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The results of this study indicate that the absence of a motivational relationship with nurses' compliance in hand hygiene behavior can be caused because there are still some nurses whose awareness in themselves to carry out hand hygiene measures is still low, as many as 14 nurses found that motivation is still low from the questionnaire filled out, so that it can affect compliance in implementing hand hygiene properly and correctly. If nurses realize that implementing hand hygiene is important for every health worker, nurses will do hand hygiene properly and correctly. The results obtained from the questionnaire filled out by nurses indicate that there are 5 nurses who do hand hygiene if

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there is supervision or monitoring from superiors only, so that it can affect the motivation of nurses in implementing hand hygiene. This causes the need for self-awareness of the individual itself to do hand hygiene properly. Support from the head of the room or the Chairperson can also increase compliance with hand hygiene behaviors. Coworkers are also one of the factors that can influence a person to take an action, if the environment around doing good things such as doing good hand hygiene, indirectly someone will follow the same thing.

High motivation possessed by nurses can increase nurse compliance in carrying out the six steps of washing hands properly and correctly (15). Factors that influence a person's motivation are due to personal needs, goals and perceptions of the person or group concerned and in what way those needs and goals will be realized. Motivation is a need in humans that needs to be met. The response to a need will be manifested in an action to meet those needs. If these needs have not been fulfilled then strength will arise to meet those needs (16).

Motivation theory according to Douglas Mc Gregor states that motivation is important to encourage someone to work because motivation is the energy that drives a person to get up to carry out work tasks to achieve the goals set. Motivation is one of the drivers of the emergence of an attitude and intention to do something. motivation is an impetus for someone to achieve desires so that an agreement is reached between personal needs and organizational goals (17).

Nurse motivation improvement can be positively done through the provision of rewards (awards) to nurses who have good compliance with the implementation of hand hygiene according to standards. So far, there has been no reward for nurses, but it has already been suggested and might be done if financial management is good. In addition

by involving nurses in training programs, seminars and workshops, providing adequate compensation can positively increase nurses' motivation. Provision of positive motivation that always gives gifts or rewards to members who succeed in doing good actions and negative motivation that always gives a penalty or threat to members who do wrong in taking action (9).

CONCLUSION

Variable related to the level of nurse compliance in hand hygiene behavior is knowledge, and variable not related to the level of nurse compliance in hand hygiene behavior are attitude and motivation.

ACKNOWLEDGMENT

We would like to thank you to all respondent who were willing to be participants in this study.

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AN ANALYSIS OF NURSING COMPLIANCE FACTORS IN HAND HYGIENE BEHAVIOR

ABSTRACT

Background and purpose: Infectious diseases are still the main cause of high morbidity and mortality rates in the world, one type of infection is Nosocomial Infection. According to WHO (2011), nosocomial infections can cause 5000 deaths and become a national burden of millions of dollars. Hand hygiene is a basic technique that is important in preventing infection. The aims was to determine the relationship of knowledge, attitudes and motivation with the level of nurse compliance in hand hygiene behavior in class III inpatient rooms of PKU Muhammadiyah Gamping Hospital.

Methods: This research is a observational analytic used a cross-sectional study. The sample of this study consisted of 41 nurses working in class III inpatient rooms of PKU Muhammadiyah Gamping Hospital with total sampling. The instruments used questionnaires and observation sheets. Data analysis in this study used the chi square and fisher test.

Results: Based on descriptive analysis the prevalence of hand hygiene compliance is 71%. The results of this study indicate that there is a significant relationship between knowledge and the level of nurse compliance in hand hygiene behavior, namely the chi-square test (0.001), while the variables that are not related to nurse compliance in hand hygiene behavior are attitudes and motivation with the results of the chi-square test attitude (0.577) and motivation (0.771).

Conclusion: Variable related to the level of nurse compliance in hand hygiene behavior in class III inpatient rooms of PKU Muhammadiyah Gamping Hospital is knowledge.

Keywords: Compliance, Hand Hygiene, Knowledge, Attitude, Motivation.

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- Shorter background, aim is in the background section
- Methods should be elaborated
- Result, descriptive analysis should be briefly included
- In the conclusion.--> add your recommendation

INTRODUCTION

Infectious diseases are still the main cause of high morbidity and mortality rates in the world. One type of infection is Nosocomial Infection. This infection causes 1.4 million deaths every day worldwide (1). Nosocomial infection is currently one of the causes of increasing morbidity and mortality in hospitals, so that it can become a new health problem in developing countries and in developed countries (2).

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Failure to perform good and proper hand hygiene is considered to be a major cause of infections related to health services and the spread of multi-resistant microorganisms in health facilities and has been recognized as an important contributor to the outbreak. As a result of non-compliance with hand hygiene in hospitals, 9% of nosocomial infections worldwide occur with variations between (3-20%) in hospitalization (3). Health workers who are most vulnerable in transmitting infections are nurses, because for 24 hours accompanying patients, it is assumed to take a significant role in contributing to the prevention of nosocomial infections. Awareness about hand hygiene in health workers is a fundamental behavior in efforts to prevent infection in hospitals (4).

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Seeing the high incidence of nosocomial infections that occur both in the world and in Indonesia, it is necessary to reduce the number of incidents, namely by applying hand hygiene (5). Hand hygiene is an important basic technique in preventing infection, hand hygiene during the implementation of nursing actions is the most effective way to prevent nosocomial infections in the hospital environment. Awareness of the importance of hand hygiene in health workers is needed in efforts to prevent nosocomial infections. The results of several previous studies indicate that knowledge of hand hygiene is the most basic thing that must be possessed by a nurse (6). Other research also shows that attitude and motivation are also related to nurse compliance in the application of hand

hygiene (7).

Based on observations and interviews with a PPI Superintendent (Infection Prevention and Control) at PKU Muhammadiyah Gamping Hospital, information was obtained that for compliance with hand hygiene, especially nurses are always high, because nurses already know about the 5 moments of hand hygiene and the 6 steps hand hygiene procedure according to World Health Organization (WHO) standards and can practice it well, but there are still some nurses who miss 5 moments of hand hygiene, based on observations made by PPI supervisors (Infection Prevention and Control), nurses often miss 1 and 2 moments before contact with patients and before performing aseptic procedures when carrying out nursing care, because nurses have a perception by assuming that the application of hand hygiene or not according to them it has no effect. Based on the phenomena mentioned above, the researcher is interested in conducting research on "Factors Related to Nurse Compliance Levels in Hand Hygiene Behavior in Class III Inpatient Room of PKU Muhammadiyah Gamping Hospital".

METHODS

This research was a quantitative study used a cross sectional approach. This type of research aims to determine the pattern of relationships between two or more variables in a given time. The population in this study were permanent nurses working in class III inpatient rooms of RSU PKU Muhammadiyah Gamping, amounting to 41 people. The sampling technique used in this study was Total Sampling, that is the sample used in this study were all permanent nurses working in class III inpatient rooms of RSU PKU Muhammadiyah Gamping. Tools and instruments in this study used questionnaires and observation sheets. Data that has been collected through observation and questionnaire, and then data analysis used the chi square test. This study has received ethical approval

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Commented [PAA6]: Why only class III? Is it because higher incidence of nosocomial infection?

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Commented [PAA8]: Add:
- calculation of minimum required sample size
- variables or data that were collected. Including classification of the data

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Those who collected the data, are they well known by the participants
How the observation was performed? Did the samples know they are being observed? Or is it participatory observation. Please explained
(This is important to see is there any possibility of bias; which should be discussed in the limitation section of the study.

Similarly, does the questionnaire filled by the samples (self-administered?) or asked and filled by the data collector?

from the ethical committee of Ahmad Dahlan University with registration number 011908081.

RESULTS

Respondent characteristics are used for diversity of respondents based on age, gender, level of education, length of service, and basic PPI training. This is expected to provide a clear picture of the condition of the respondents and their relation to the problems and objectives of the research.

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	D3	16	39
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	Profession	19	46
4.	Working period		
	New \leq 3 years	24	58
	Long $>$ 3 years	17	42
5.	Basic PPI Training		
	Never	5	12
	Ever	36	88
	Total	41	100

Table 1 shows the characteristics of respondents by age with the largest number by age categorization according to (8) which is in the age range of 26-35 years with a number of 33 nurses with a percentage (80.5%) and at least being in the age range of 46-55 years with a number of 1 nurses with a percentage (2.4%). Based on gender characteristics, the

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most number is female with 32 nurses with a percentage (78%), while male is 9 nurses with a percentage (22%). Characteristics of respondents based on education level showed that the most number was Profession with 19 nurses with a percentage (46%), and the least was S1 education with a total of 6 nurses with a percentage (15%). Characteristics of respondents based on years of service show that the most number is new years with 24 nurses with a percentage (58%) while those with long tenure are 17 nurses with a percentage (42%) and respondent characteristics based on basic PPI training indicate that 5 nurses with a percentage (12%) had never attended basic PPI training and as many as 36 nurses with a percentage (88%) had attended basic PPI training, most nurses had attended Basic PPI Training held at PKU Muhammadiyah Gamping Hospital.

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	Poor	30	73
	Good	11	27
3.	Motivation		
	Low	14	34
	High	27	66
4.	Compliance in <i>Hand Hygiene</i>		
	No	12	29
	Yes	29	71
	Total	41	100

Commented [PAA14]: Education should be part of socio-demography in table 1

Table 2 shows that nurses who have low knowledge are 19 nurses with a percentage (46%), while nurses who have high knowledge are 22 nurses with a percentage (54%). Nurses who have a bad attitude are 30 nurses with a percentage (73%), while nurses who have a good attitude are 11 nurses with a percentage (27%). Nurses who have low motivation are 14 nurses with a percentage (34%), while nurses who have high motivation

are 27 nurses with a percentage (66%). There were 12 nurses who had compliance with hand hygiene compliance, which were 12 nurses with a percentage (29%). Meanwhile, nurses who have compliant hand hygiene compliance rates are 29 nurses with a percentage (71%).

Table 3. ~~Bivariate Results~~ Relationship between Knowledge and Compliance Level of Nurse Hand Hygiene in Class III Inpatient Room of PKU Muhammadiyah Gamping Hospital in 2019

Sampling Hospital in 2019								
Knowledge	Compliance Level				Total		<i>P Value</i>	RP 95% CI
	not obedient		Obedient					
	n	%	n	%	n	%		
Low	11	26.8	8	19.5	19	46.3	0.001	12.737 (1.807 – 89.785)
High	1	2.4	21	51.2	22	53.7		
Total	12	29.3	29	70.7	41	100		

Table 3 shows that nurses with low knowledge category have compliance level of non-compliant hand hygiene are 11 nurses with percentage (26.8%) and nurses who have compliance with compliance with hand hygiene are 8 with percentage (19.5%). Meanwhile, nurses with a high knowledge category with non-compliant hand hygiene levels were 1 nurse with a percentage (2.4%) and those who had compliance with hand hygiene compliance were 21 nurses with a percentage (51.2%).

Chi-square test results showed that the p value $0.001 < 0.05$, which means that there is a significant relationship between knowledge and the level of nurse compliance in hand hygiene behavior. Biological significance was found to be IDR 12,737 (CI = 95% 1,807-89,785) which means nurses with low knowledge categories had a risk of 12,737 times greater risk of not complying with hand hygiene compliance compared to nurses who had high knowledge.

Table 4. Bivariate Results Relationship between Attitude and Compliance Level of Nurse Hand Hygiene in Class III Inpatient Room of PKU Muhammadiyah Gamping Hospital in 2019

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Commented [PAA16]: Bivariate analysis of relationship between socio-demographic characteristic with compliance should be conducted as well. This can be presented in separate table

Table 3,4 and 5 merge into 1 table for relationship between knowledge, attitude and motivation with compliance

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Attitude	Compliance Level				Total	<i>P Value</i>	RP 95% CI	
	Not Obedient		Obedient					
	n	%	n	%	n			%
Poor	10	24.4	20	48.8	30	73.2	0.577	1.833 (0.474 – 7.085)
Good	2	4.9	9	22.0	11	26.8		
Total	12	29.3	29	70.7	41	100		

Table 4 shows that nurses with a bad attitude category proved to be non-compliant in terms of hand hygiene, amounting to 10 nurses with a percentage (24.4%) and those compliant were 20 with a percentage (48.8%). Meanwhile, nurses with a good attitude category with non-compliant hand hygiene compliance levels amounted to 2 nurses with a percentage (4.9%) and had obedient hand hygiene compliance levels totaling 9 nurses with a percentage (22.0%).

Chi-square test results showed that $p \text{ value } 0.577 > 0.05$ which means there is no significant relationship between attitude and the level of nurse compliance in hand hygiene behavior. Biological significance is found to be IDR 1.833 (95% CI 0.474-7.085) which means that attitude can be said is not necessarily a risk factor.

Table 5. Bivariate Results Relationship of Motivation and Compliance Level of Nurse Hand Hygiene in Class III Inpatient Room of PKU Muhammadiyah Gamping Hospital in 2019

Motivation	Compliance Level				Total	<i>P Value</i>	RP 95% CI
	Not obedient		Obedient				
	n	%	n	%			
Low	5	12.2	9	22.0	14	34.1	0.771 (1.378 – 0.533 – 3.558)
High	7	17.1	20	48.8	27	65.9	
Total	12	29.3	29	70.7	41	100	

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Table 5 shows that nurses with low motivation categories who are not compliant in terms of hand hygiene are 5 nurses with a percentage (12.2%) and those who are obedient are 9 with a percentage (22.0%). Meanwhile, nurses with high motivation but not

compliant in terms of hand hygiene were 7 nurses with a percentage (17.1%) and those who were obedient were 20 nurses with a percentage (48.8%). Chi-square test results showed that p value $0.771 > 0.05$, which means there is no significant relationship between motivation and the level of nurse compliance in hand hygiene behavior. Biological significance is found to be IDR 1,378 (CI = 95% 0.533-3,558) which means motivation can be said to be not necessarily a risk factor.

DISCUSSION

The Effect of Knowledge on Nurse Compliance Level in Hand Hygiene Behavior

Based on the bivariate results in table 3, it can be concluded that there is a relationship between knowledge and the level of nurse compliance in hand hygiene behavior. Nurses who have low knowledge are more disobedient compared to nurses who have high knowledge, with a p value of 0.001. Biologically meaningful, knowledge is a risk factor because it has a value of R_p .

Based on table 3 it can be seen that nurses who have low knowledge amount to 8 nurses with a percentage (19.5%) who perform hand hygiene behaviors obediently, while nurses who have high knowledge total 21 nurses with a percentage (51.2%) who perform behaviors hand hygiene obediently. This shows that a person's high knowledge can influence a person's behavior or actions in complying with hand hygiene obediently.

The results of this study indicate that the relationship of nurses' knowledge with adherence to hand hygiene behavior can be influenced by good knowledge factors owned by nurses, there are several factors including education, the higher the nurse's education level, the more information obtained, in addition to the training which was followed by the majority of nurses on the prevention and control of nosocomial infections including on hand hygiene as well as adequate supporting facilities for hand hygiene in accordance

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Add implication of the finding. So, what or what next? This will become recommendations that are coming out from this study.
Add study limitation

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with standard operational procedures (SOP) such as hand washing posters in every sink and hand rub in each nursing room in the ward in class III PKU Muhammadiyah Gamping Hospital.

Knowledge is very important in shaping one's actions. Knowledge is a factor that can influence one's actions so that behavior based on knowledge will last longer than those that do not, thus the better a person's knowledge the better they do it. So knowledge can also influence one's behavior (9). This study shows the level of nursing education is Nursing DIII as many as 16 nurses with a percentage (39%), Professional Nursing as many as 19 nurses with a percentage (46%), while S1 nursing education as many as 6 nurses with a percentage (15%), so nurses get theories about implementation of hand hygiene during higher studies, nurses get more knowledge.

This is in line with research that explains that the level of education also influences the receipt of information, for example when given information about how to do the six steps of washing hands that are standardized by WHO, if higher education will be more open and faster to absorb and apply the information obtained. Education has an important role in determining human quality, high nurse education will improve the quality of nursing care in hospitals. (10)

The Effect of Attitude on Nurse Compliance Level in Hand Hygiene Behavior

Based on the bivariate results in table 4, it can be concluded that there is no significant relationship between nurses' attitudes and the level of nurse compliance in hand hygiene behavior with a p value of 0.577. Nurses who have a bad attitude tend to be disobedient in terms of hand hygiene are 10 nurses with a percentage (24.4%), while nurses who have a good and disobedient attitude are 2 nurses with a percentage (4.9%). Biological significance is found to be IDR 1.833 (95% CI 0.474-7.085) which means that

attitude can be said is not necessarily a risk factor.

The results of this study indicate that there is no relationship between attitude and nurses' compliance with hand hygiene behavior which can be caused by attitude not being an action. The attitude of a good nurse will affect compliance with good hand hygiene, although there are still some nurses whose attitude is not necessarily obedient to doing hand hygiene. The results obtained from questionnaires filled out by nurses and the results of field observations indicate that nurses' attitudes towards the implementation of hand hygiene when performing nursing actions are still low. A total of 12 nurses are often found not to do hand hygiene before touching with patients and before performing clean / sterile procedures. Bad attitudes of nurses are also often found when wearing gloves, nurses do not do hand hygiene before using gloves, but after using gloves nurses must do hand hygiene. Gloves can not replace the function of washing hands, it is because of the possibility of small damage that is not visible to the eye. For this reason hand washing must be done before and after using gloves, gloves must be replaced if there is a torn, dirty and perforated (11).

Attitude is a response of someone who is still closed, attitude is also a person's readiness to act. A good attitude will give someone good or bad actions. A good attitude is a thing that can form good behavior so that a good attitude will affect nurses' compliance in hand hygiene behavior (12).

Individual attitudes are usually consistent with one another and in their actions are also consistent with others (13). attitude can help to achieve goals so that someone will be positive or negative, because there are nurses who feel able or unable to take action in accordance with procedures in washing hands (14). Supporting factors for an attitude to manifest in an action include the availability of facilities. PKU Muhammadiyah Gamping

Hospital has adequate hand hygiene facilities or infrastructure. Hand hygiene facilities available in each class III inpatient room include washbasins, anti-bacterial fluids, rubbish bins, hand rubs, tissues and hand washing posters covering six steps of washing hands according to WHO. The existence of facilities or infrastructure is useful to support nurses' attitudes to perform compliance with hand hygiene. an attitude has not automatically manifested in an action. The attitude clearly shows the suitability of the reaction with the stimulus (12).

The Effect of Motivation on Nurse Compliance Levels in Hand Hygiene Behavior

Based on the bivariate results in table 5, it can be concluded that there is no significant relationship between motivation of nurses and the level of nurse compliance in hand hygiene behavior with a p value of 0.771. Nurses who have low motivation tend to be non-compliant in terms of hand hygiene, which is 5 nurses with a percentage (12.2%), while nurses who have high motivation tend to be disobedient, amounting to 7 nurses with a percentage (17.1%). Biological significance is found to be IDR 1,378 (CI = 95% 0.533-3,558) which means motivation can be said to be not necessarily a risk factor.

The results of this study indicate that the absence of a motivational relationship with nurses' compliance in hand hygiene behavior can be caused because there are still some nurses whose awareness in themselves to carry out hand hygiene measures is still low, as many as 14 nurses found that motivation is still low from the questionnaire filled out, so that it can affect compliance in implementing hand hygiene properly and correctly. If nurses realize that implementing hand hygiene is important for every health worker, nurses will do hand hygiene properly and correctly. The results obtained from the questionnaire filled out by nurses indicate that there are 5 nurses who do hand hygiene if there is supervision or monitoring from superiors only, so that it can affect the motivation

of nurses in implementing hand hygiene. This causes the need for self-awareness of the individual itself to do hand hygiene properly. Support from the head of the room or the Chairperson can also increase compliance with hand hygiene behaviors. Coworkers are also one of the factors that can influence a person to take an action, if the environment around doing good things such as doing good hand hygiene, indirectly someone will follow the same thing.

High motivation possessed by nurses can increase nurse compliance in carrying out the six steps of washing hands properly and correctly (15). Factors that influence a person's motivation are due to personal needs, goals and perceptions of the person or group concerned and in what way those needs and goals will be realized. Motivation is a need in humans that needs to be met. The response to a need will be manifested in an action to meet those needs. If these needs have not been fulfilled then strength will arise to meet those needs (16).

Motivation theory according to Douglas Mc Gregor states that motivation is important to encourage someone to work because motivation is the energy that drives a person to get up to carry out work tasks to achieve the goals set. Motivation is one of the drivers of the emergence of an attitude and intention to do something. motivation is an impetus for someone to achieve desires so that an agreement is reached between personal needs and organizational goals (17).

Nurse motivation improvement can be positively done through the provision of rewards (awards) to nurses who have good compliance with the implementation of hand hygiene according to standards. So far, there has been no reward for nurses, but it has already been suggested and might be done if financial management is good. In addition by involving nurses in training programs, seminars and workshops, providing adequate

compensation can positively increase nurses' motivation. Provision of positive motivation that always gives gifts or rewards to members who succeed in doing good actions and negative motivation that always gives a penalty or threat to members who do wrong in taking action (9).

CONCLUSION

Variable related to the level of nurse compliance in hand hygiene behavior in is knowledge, and variable not related to the level of nurse compliance in hand hygiene behavior are attitude and motivation.

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