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#6214 Summary

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Submission

Authors	Agus Supriyanto, Nurlita Hendiani, Amien Wahyudi, Purwadi Purwadi, Mufied Fauziah
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Submission Metadata

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Title and Abstract

Title	Peer Guidance: development of Children's Wellbeing on Addicted Parents
Abstract	<i>Children are victims of parents who are undergoing drug rehabilitation programs. The factor is that parents do not accompany the education process for a specified period. Peer approaches by school counselors play a significant role in developing children's welfare in school. The goals of this study were to determine the application of peer guidelines for the development of healthy children of addicted parents. This research uses a literature study and a case study method. The data used in the study originated from the literature, as well as the primary references and interviews. Interviews conducted to parents of drug users in the large centers of drug rehabilitation. The analysis used in the descriptive study of literature method and case study method study. The findings conclude that the welfare of children from drug abuser's</i>

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parents causes stress in children to influence the psychological, social, and academic dimensions. Peer guidance applications provide support for the education of children from parents who are undergoing drug rehabilitation programs and success in school. Peer skills implement openness, asking questions, and reflection, and empathy. The impact is child welfare in the psychological, social, and academic dimensions. Collaboration between addicted counselors, school counselors, parents, and guardians is needed

Indexing

Academic discipline and sub-disciplines	guidance and counseling, drug rehabilitation
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Supporting Agencies

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#6214 Review

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Submission

Authors: Agus Supriyanto, Nurlita Hendiani, Amien Wahyudi, Purwadi Purwadi, Mufied Fauziah
Title: Peer Guidance: development of Children's Wellbeing on Addicted Parents
Section: Articles
Editor: Counsellia: Jurnal Bimbingan dan Konseling

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PEER GUIDANCE: DEVELOPMENT OF CHILDREN'S WELLBEING ON ADDICTED PARENTS

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Abstract

Children are victims of parents who are undergoing drug rehabilitation programs. The factor is that parents do not accompany the education process for a specified period. Peer approaches by school counselors play a significant role in developing children's welfare in school. The goals of this study were to determine the application of peer guidelines for the development of healthy children of addicted parents. This research uses a literature study and a case study method. The data used in the study originated from the literature, as well as the primary references and interviews. Interviews conducted to parents of drug users in the large centers of drug rehabilitation. The analysis used in the descriptive study of literature method and case study method study. The findings conclude that the welfare of children from drug abuser's parents causes stress in children to influence the psychological, social, and academic dimensions. Peer guidance applications provide support for the education of children from parents who are undergoing drug rehabilitation programs and success in school. Peer skills implement openness, asking questions, and reflection, and empathy. The impact is child welfare in the psychological, social, and academic dimensions. Collaboration between addicted counselors, school counselors, parents, and guardians is needed.

Keywords: *peer guidance, child well-being, drug*

INTRODUCTION

Problems with children's mental health have an impact on maladaptive behaviour (Avenevoli et al., 2013). Parents, as drug users, tend to abuse children and have an impact on children's mental health. One of the problems is drugs. Drugs are toxins in the human body and cause damage to the human body

system. Drugs give effect to the life of the country. The facts in the Philippines about anti-drug campaigns to eliminate drugs in this country have resulted in a rapid increase in the number of deaths (Bautista, 2017).

Victims of drug abusers to parents are children. Problematic alcohol use, according to criteria, indicated that 67.4%

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used alcohol, while 46.0% met the criteria for problematic drug use (Sinadinovic et al., 2010). The results revealed that 8% of children reported physical abuse that occurred in childhood and resulted in the appearance of attention-deficit hyperactivity disorder, post-traumatic stress disorder, and bipolar disorder (Sugaya et al., 2012). Problems psychotic disorders cause a variety of loads; one of them is psychological stress (distress), to the problem of a social stigma (Subandi, 2014). Children's substance abuse tends to mental disorders in children's education. Parents with good well-being have an impact on the child's low problem behavior (Sumargi & Kristi, 2017).

Child emotional and social development can be understanding as a crisis in child development as the learning process in a family environment (Nurmalitasari, 2015). Child neglect of a parent undergoing drug rehabilitation is a significant factor in child well-being and child achievement from a psychological dimension—counselors as role models for children to prevent negative behavior. Collaboration counselor with parents and parental involvement in education also has a positive correlation with student involvement in school (Kristiyani, 2013; Supriyanto, 2016a).

Parents, school counselors, and substance abuse counselors are having the ability and commitments for the prevention and development of child well-being for addicted parents. Family-based models are not only a viable treatment alternative for the treatment of drug abuse but are now consistently recognized among the most effective approaches for treating both adults and adolescents with

drug problems (Rowe, 2012). Parents have an essential role in developing children's competencies because parents become the primary and first educators for children (Supriyanto, 2016b). Families of addicts contribute to the development of the child. In addition to the family, school counselors also provide to the prevention of child on negative behavior through peer. The intervention of counselors through a parent in behavior-management, child social cognitive skills, reading, home visiting, mentoring, and classroom curricula (Group, 2011).

Those problems resolved through a campaign against drug abuse and effective counseling programs (Oluremi Fareo, 2012). Behavior counseling interventions with multiple contacts can reduce drug use behavior (Jonas et al., 2012; Moyer, 2013). Intervention by peer guidance undertaken to reduce maladaptive behavior and be aware of trafficking and drug abuse—one of the responses through peer guidance.

RESEARCH METHOD

This research uses a literature study and a case study method. This research is to reveal effective theories about the peer guidance approach in school for developing child well-being on parent drug abusers. The literature study to construct the theoretical concepts of peer guidance skills that implementation in guidance and counseling services. The case study to find out the dimensions of child welfare development on addicted parents. The objective of the research is to establish the theoretical concepts and practice of peer guidance as an effort to developing child well-being on parent drug abusers to help the government to

build a drug-free society. The theoretical concepts of peer guidance used by school counselors and drug abuse counselors. Peer guidance as one way for the developing child's well-being of addicted parents.

The data used in the study originated from the literature, as well as the primary references and interviews. The documentation and recommendations are valid and used in this research in the form of journals, books, scientific studies, and research results. Many kinds of the journal, papers, scientific studies, and research results used in this research. Literature review and reference in the content analysis, so that emphasizes the analysis or interpretation of written materials based on the context. Interviews conducted to parents of drug users in the large centers of drug rehabilitation, Bogor, Indonesia. The analysis used in the descriptive study of literature method and case study method study in three ways: (1) inventory of kinds of literature and interviews, (2) description of types of research and interviews, and (3) comparison of essay to developing child well-being on parents drug abusers.

RESULT AND DISCUSSION
Child Well-Being on Parents Drug Abusers

Findings from the interviews show the data that the children's well-being of drug users who are undergoing drug rehab in neglect condition. Child neglect affects children's well-being in three dimensions: psychological, social, and academic. Maladaptive behavior of children because of being abused or ignored before by parents and have an impact on adolescent

development such as delinquency and substance abuse, romantic relationships, and sexuality (Trickett et al., 2011). Substance abuse and mental disorders of the mother can harm the development of children, especially the child's well-being related to emotional behavior and children's problems (Hser et al., 2015).

The children well-being with parents of drug users undergoing rehabilitation processes affects the child's psychological dimension. The psychological dimension takes the form of mental health conditions. The cognitive, affective, and active dimensions of the child are applied in the child's life. The child thinks that he is abandoned and has no attention from the parents. Children feel anxious about the perception of society. The child also has an aggressive behavioral tendency. Stress and verbal aggression on the individual and coping in the alleviation of stress, anger, and aggression, because stress causes strong negative emotions (Bodenmann et al., 2010).

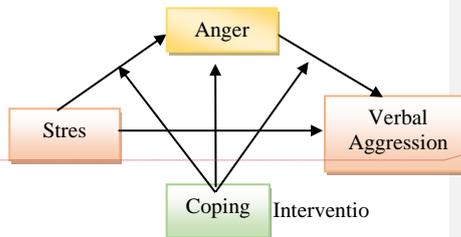


Figure 1. Stress, Anger, and Verbal Aggression in Intimate Relationships (Bodenmann et al., 2010)

The wellbeing of children with parents of drug users undergoing rehabilitation also affects the social dimensions of children. The social aspect

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of the child shaped the anxiety of children in the association of children. Children have feelings of anxiety and fear of meeting with the community—prevention for children through social guidance services for counselors. The provision of social services and parenting education can prevent the long-term impact of child abuse on substance use and related impairments (Nomura et al., 2012)

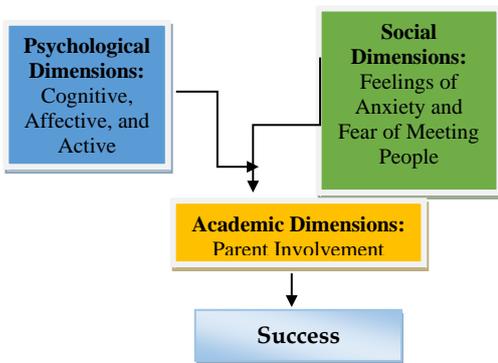


Figure 2. Dimensions of Child Well-Being

The absence of a parent role as a role model has an impact on the child's achievement. Parent involvement and family background affect academic performance (Muller, 2018). The intervention focuses on the importance of behavioral for school success, especially for children facing new risks (Sektan et al., 2010).

Peer Guidance Approach in School for Developing Child Well-being on Parents Drug Abusers.

The development of child well-being affects children's education and achievement. Individuals form mental well being, so they feel comfortable in their mindset and mental condition (Hartanto,

2017). The quality of care is an essential factor in the welfare of children from stress reactivity (Groeneveld et al., 2010). Alternative self-development of children through the role of society. Three alternative pathways have a goal as a framework for future research on the long-term effects of preventive parenting programs. The first through program effects on parenting skills, perceptions of parental efficacy, and reduction in barriers to effective parenting. The second through program-induced reductions in short-term problems of youth that persist over time, improvements in youth adaptation to stress, and increases in youth belief systems concerning the self and their relationships with others. The last through effects on contexts in which youth become involved and on youth-environment transactions (Sandler et al., 2011).

School counselors as mentors to children of victims of neglect. Who is it? Parents who are undergoing drug rehabilitation programs abandon children. The counselor needs to develop peer guidance skills on the student through peer on the victim. The fact that skills-based program to help prevent drug use rather than knowledge and affective (Faggiano et al., 2014). Peer guidance is effective in reducing alcohol abuse through specific skills training includes exercises using open-ended questions, ie, 77.3%, Reflective listening exercises, that is 75%, and role-playing 72.7%. The information program included the content of alcohol and other drugs, ie, 86.4%. Additional skills in the implementation of programs that motivational interviewing skills (Mastroleo et al., 2008).

Peer guidance skills implementation in discussion and daily life. Three necessary attitudes in understanding and helping peers; congruence, unconditional positive regard, and accurate empathic understanding (Corey, 2015; Parrot III, 2003; Sharf, 2015; Sommers-Flanagan & Sommers-Flanagan, 2018). Congruence, unconditional positive regard, and accurate empathic understanding implemented through seven skills: listening, leading, reflection, summary, confrontation, interpretation, and support. The powers of peer groups correlate with emotional regulation and their tendency to be cyberbullies (Mawardah & Adiyanti, 2014).

The listening skill consists of three stages, including receiving messages, processing messages, and sending messages. The inference skills reveal some words or talks for some time (Cormier et al., 2008). The skills guide aims to encourage the counselee to open communication, while a reflection has three areas: feelings, experiences, and context (Brammer & Karkia, 1993). Confrontation is a skill to explain the gaps, conflicts, and discrepancies of messages between emotions, thoughts, and actions, while interpretation as a response that requires understanding and the ability to communicate the meaning of the message counselee (Cormier et al., 2008). Support is a condition where the counselee feels safe and comfortable psychologically (Brammer & Karkia, 1993). Peer guidance skills implementation in counselors and peers for the development of child welfare in three dimensions: psychological, social, and academic.

CONCLUSION

The children's well-being of drug users who are undergoing drug rehab in neglect condition. Child neglect affects children's well-being in three dimensions: psychological, social, and academic. The psychological aspect takes the form of mental health conditions. The cognitive, affective, and active dimensions of the child can influence implementation in the child's life. The group size of the child shaped the anxiety of children in the association of children. Children have feelings of anxiety and fear of meeting with the community. The absence of a parent role as a role model has an impact on the child's achievement.

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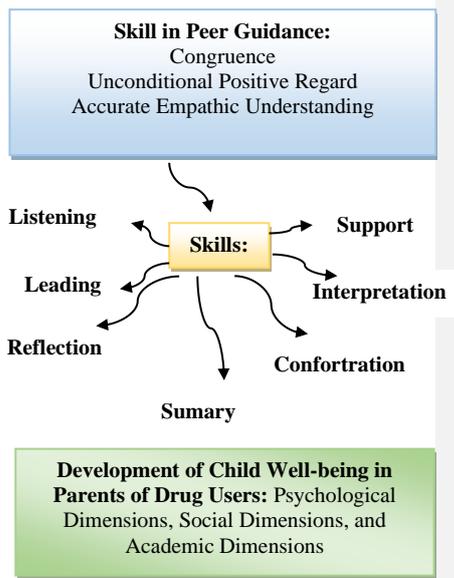


Figure 3. Peer Guidance Skills

The development of child well-being affects children's education and achievement—alternative self-development of children through

community roles, school counselors, and counselors' addiction. Counselors need to develop peer guidance skills on students through peers or victims. Peer skills implicated in the practice of daily life skills. Three necessary attitudes in understanding and helping peers to develop the children's well-being through peer. Congruence, unconditional positive regard, and accurate empathic understanding implemented through seven skills: listening, leading, reflection, summary, confrontation, interpretation, and support.

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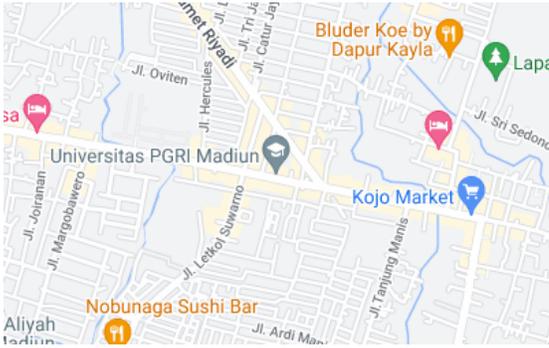
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