

**THE PORTRAYAL OF THE FIGHTERS' AMERICAN  
DREAM AS SEEN IN THE DOCUMENTARY VIDEOS OF  
AMERICAN 'MMA' SPORTS**

UNDERGRADUATE THESIS

Submitted as a partial fulfilment of the requirement to obtain *Sarjana Sastra* Degree at  
English Literature Department



By

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YOGYAKARTA**

**2023**

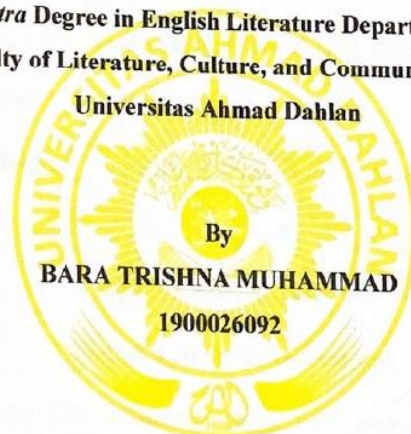


APPROVAL PAGE

THE PORTRAYAL OF THE FIGHTERS' AMERICAN DREAM AS SEEN  
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AN UNDERGRADUATE THESIS

Submitted as a Partial Fulfillment of the Requirements to Obtain *Sarjana*  
*Sastra* Degree in English Literature Department  
Faculty of Literature, Culture, and Communication  
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**RATIFICATION PAGE**

**THE PORTRAYAL OF THE FIGHTERS' AMERICAN DREAM AS SEEN  
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**UNDERGRADUATE THESIS**

**By**  
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**This Undergraduate Thesis has been examined on ... and has been accepted  
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Herewith, I state that all these statements, opinions, analysis, that I have written in this undergraduate thesis entitled *THE PORTRAYAL OF THE FIGHTERS' AMERICAN DREAM AS SEEN IN THE DOCUMENTARY VIDEOS OF AMERICAN 'MMA' SPORTS* are my original work. During the process, I optimally conducted my own research with the help of some references and suggestions. Every word and statement taken from these references are treated as quotation and experts in which the names of the authors and publishers are stated. If any claim related to this analysis that I made persist in the future, I would be fully responsible for my clarification.

Yogyakarta, 13 Maret 2024



Bara Trishna Muhammad

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Dengan ini saya nyatakan bahwa seluruh pernyataan, pendapat, analisa yang saya tuliskan dalam skripsi yang berjudul *GAMBARAN MIMPI AMERIKA PARA FIGHTERS SEPERTI YANG TERLIHAT DALAM VIDEO DOKUMENTER OLAHRAGA AMERIKA 'MMA'* ini adalah karya asli saya. Selama prosesnya, saya melakukan penelitian sendiri secara optimal dengan bantuan beberapa referensi dan saran. Setiap kata dan pernyataan yang diambil dari referensi tersebut diperlakukan sebagai kutipan dan ahli yang di dalamnya disebutkan nama penulis dan penerbitnya. Jika ada klaim terkait analisis yang saya buat ini tetap ada di masa mendatang, saya akan bertanggung jawab penuh atas klarifikasi saya.

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All praises are due to Allah SWT, the Most Gracious. Without His blessing and guidance, the researcher is not able to accomplish this undergraduate thesis titled “THE PORTRAYAL OF THE FIGHTERS’ AMERICAN DREAM AS SEEN IN THE DOCUMENTARY VIDEOS OF AMERICAN ‘MMA’ SPORTS”.

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1. Prof. Dr. Muchlas Arkanuddin, M.T., as the Rector of Universitas Ahmad Dahlan.
2. Wajiran, S.S., M.A., Ph.D., as the Dean of Faculty of Literature, Culture, and Communication of Universitas Ahmad Dahlan.
3. Drs. Maftukhin, M. Hum., as the Head of English Literature Department of Universitas Ahmad Dahlan.
4. All the lecturers of English Letters Department, Faculty of Literature, Culture, and Communication of Universitas Ahmad Dahlan for the meaningful support in this study.
5. All employees of Ahmad Dahlan University who helped him in administration affairs.
6. His friends of English Literature Department class of 2019.

The researcher is realized that this thesis is still far from perfection. However, hope it can provide some advantages for its reader and the researcher welcomed to any develop suggestions. The researcher really appreciate the opinions and criticism you gives, then it can be improve by other people in the future with better study.

Yogyakarta, 13 Maret 2024

The researcher

A handwritten signature in black ink, appearing to be 'Bara Trishna Muhammad', written on a light-colored background.

Bara Trishna Muhammad

## **MOTTO**

“I’m just trying to be myself. I’m not trying to be anyone else.”

- Conor McGregor -

## **DEDICATION**

Hereby, I like to convey my respect and gratitude to:

- To my beloved parents, my father Bambang Sriyoto and my mom Siti Rachmi Meichati, for always giving prayers, encouragement, and love. especially my mother always gives me motivation not to waste time and try to make me a better person. Thanks for everything Pak, Buk, May Allah protect you, gives long life, healthy, and happiness. Aminn
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Muhammad, Bara Trishna. The Portrayal of The Fighters' American Dream as seen in The Documentary Videos Of American MMA Sports. Undergraduate Thesis. Yogyakarta. Universitas Ahmad Dahlan.

### **ABSTRACT**

American MMA sport has been well-known over the world, mainly in its famous fighters. Actually, some of them have dreams, familiarly called American dream. This undergraduate thesis describes the values of American Dreams for the fighters. This research focuses on analyzing the value of the American dream depicted from the stories or journeys of several MMA fighters in America to achieve their dreams and the development of sport documentary films in the past few years. Therefore, this research has two main objectives to describe the American Dream of MMA fighters and to analyze the portrayal of the fighters' American Dream in video documentaries of American MMA sports.

The research was under the qualitative method majoring an interdisipliner approach of American Studies. The primary data were documentary videos of American MMA Sports. Meanwhile, the secondary data were from books, article, and online source. These data were analyzed by the American Studies approach both social and culture, focusing an American Dream Theory and Theory of Popular Culture. The researcher watched the documentary videos several times by taking soome notes from dialogues and monologues. Then those keyword along with the citation were used for the source of data in analyzing.

The result of this research finds that American MMA sports as the part of popular culture because they are easily found in everywhere, give satisfaction, make the profit for promotion, and reflect American society of entertainment. Also, the second result finds that the fighters of MMA also have American Dream as follows life, liberty pursuit of happiness, individual freedom of self reliance, equality of opportunity, and material wealth along with hardwork.

Keywords: *American Dream, Popular Culture, MMA Sport, Documentary Videos.*

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## INTISARI

Olahraga MMA Amerika telah terkenal di seluruh dunia, terutama pada petarungnya yang terkenal. Sebenarnya ada juga di antara mereka yang mempunyai mimpi yang akrab disebut American dream. Skripsi ini memaparkan tentang nilai-nilai American Dreams bagi para pejuang. Penelitian ini berfokus pada analisis nilai American Dream yang tergambar dari kisah atau perjalanan beberapa petarung MMA di Amerika untuk mencapai impiannya serta perkembangan film dokumenter olahraga dalam beberapa tahun terakhir. Oleh karena itu, penelitian ini mempunyai dua tujuan utama yaitu mendeskripsikan American Dream para petarung MMA dan menganalisis penggambaran American Dream para petarung dalam video dokumenter olahraga MMA Amerika.

Penelitian ini menggunakan metode kualitatif dengan pendekatan interdisipliner American Studies. Data primer adalah video dokumenter American MMA Sports. Sedangkan data sekunder diperoleh dari buku, artikel, dan sumber online. Data-data ini dianalisis dengan pendekatan American Studies baik sosial maupun budaya, dengan fokus pada Teori Impian Amerika dan Teori Budaya Populer. Peneliti menonton video dokumenter tersebut beberapa kali dengan mencatat beberapa dialog dan monolog. Kemudian kata kunci tersebut beserta kutipannya digunakan sebagai sumber data dalam analisis.

Hasil penelitian ini menemukan bahwa olahraga MMA Amerika menjadi bagian dari budaya populer karena mudah ditemukan dimana-mana, memberikan kepuasan, menghasilkan keuntungan untuk promosi, dan mencerminkan masyarakat hiburan Amerika. Selain itu, hasil kedua menemukan bahwa para petarung MMA juga memiliki Impian Amerika sebagai berikut kehidupan, kebebasan mengejar kebahagiaan, kebebasan individu untuk mengandalkan diri sendiri, kesetaraan kesempatan, dan kekayaan materi serta kerja keras.

Kata Kunci: *American Dream, Popular Culture, Olahraga MMA, Video Dokumenter.*



