

PSYCHOPATIC ANALYSIS OF PATRICK BATEMAN IN FILM *AMERICAN PSYCHO* BY MARY HARRON

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ABSTRACT

This research is entitled Psychopatic Analysis Of Patrick Bateman In Film "American Psycho" By Mary Harron. The literature on psychopathy covers a variety of topics, including its representation in fiction, developmental perspectives, and its implications for treatment. The reseacher hopes that Researching psychopath films can help us understand how modern culture is shaped by our frequently limited understanding of mental health. The portrayal of psychopathic characters in films can be stereotypical or unrealistic, which can perpetuate harmful or incorrect perceptions of mental illness. This research purpose is focused on discussion on the analysis of psychopath characteristic of Patrick Bateman and the factor causes Patrick Bateman undergone a psychopath.

The research method applied in this research was a Qualitative Descriptive, while the method of collecting data used in this research were Textual analysis and Documentary filmmaking. The data were taken from textual material derived from the film, such as screenplays, scripts, or other related documents in film American Psycho. In analysing the data, the researcher began by observing the data, identify the main elements of the story, such as the plot, characters, themes, and visual techniques. The theories used in this research were Neurocism and Characteristics of Psychopath theory of Daniel Boduszek, Agata Debowska, and Dominic Willmott which were used to analyse of Characteristic and Factor causes Psychopatic behavior Patrick Bateman in film American Psycho. Then Psychopatic theory can used to analyse the kind Psychopath behavior around the world.

The result of this study is briefly explained as follows. There are five photos identification of characteristics of and factor causes Patrick Bateman become Psychopathic behavior. These characteristic are Callousness, Narcissism, Manipulativeness, Emotional Detachment, Lack Remorse. And the factor cause is also Obsessive-Compulsive Neurotic. First causes Obsessive-Compulsive Neurotic is Obessive behavior caused by agents specifically as a his meticulous grooming and hygiene routines, and his fixation on maintaining a perfect outward appearance.

Keywords: Analysis, Psychopath, American Psycho.

A. Introduction

The relationship between literature and psychology is an interesting topic that explores the intersections between these two disciplines. Literature often delves into the human psyche, emotions, and behavior, while psychology seeks to understand and analyze these aspects. The connection between literature and psychology is multifaceted, with literature serving as a record of human consciousness and a means to interpret human existence and culture. Psychological themes such as motives, desires, and the human mind are frequently explored in literature, making it closely related to psychology (Ayesha Dar, 2022)

The relationship between literature and psychology is considered a site for practice informing, challenging, and influencing each other. The intertwining of literature and psychology is evident in the analysis of characters, authors, and the writing process, which are subjected to psychological scrutiny. Literature is also seen as a means to construct a taxonomy of pain and extract meaning from it, reflecting the shared interest in understanding human experiences and emotions. Additionally, psychological sciences are utilized to provide multifaceted analyses concerning the human mind and spirit, highlighting the interdisciplinary nature of literature. (Aras G, 2015)

Mass shootings in America occur for a variety of factors. The perpetrator often gets bullied at school, which makes them mentally and physically ill, because some people with mental illness commit violent crimes (Metzl & Macleish, 2015). This is one of the causes of students committing school crimes and gun violence in school. Because of the accident too, mass shooting victims have suffered trauma as a result of the mass shootings, and many parents are reluctant to send their kids to school, where in the first place, school is a safe place to go for study. Schools are at significant risk of lawsuits since they cannot obtain malpractice insurance (Dikel, 2012).

According to Wellek & Warren, (2011) who states that psychology can enter the field of literature in several ways. There are psychological arguments about the creator of the work, as a person and as a type. Psychological principles derived from literary works are discussed. A discussion of the impact of literary works on audiences. He claims Literature related to psychopaths is a subject of interest due to the portrayal of psychopathic characters in fiction and the study of psychopathic tendencies. Psychopathy has been a popular topic in literature, particularly in crime fiction, due to the intriguing and often disturbing nature of psychopathic characters. The portrayal of psychopaths in fiction has been studied to understand the language used by psychopaths and the fictional representation of psychopathic characteristics.

The basis of choosing this topic in this study is because the author based on the movie "American Psycho" , want to explains what causes Patrick Bateman as an American to commit psychopathy and madness on a grand scale. In this research, the author will use interdisciplinary studies which are psychology and sociology. The psychology will elaborate

from the side of psychopathic characteristics experienced undergone Patrick Bateman, main character on film "American Psycho", also the sociology aspect will describe factor cause the protagonist to behave like a psychopath.

B. Methodology

In this study, the writer uses two types of data to support the research, that is the primary data and the second data. The main data of this research is a documentary film as the object research. The documentary that the researcher used are watching film "American Psycho", and also The second data that support the main data are taken from some books, internet sources, copied material, journals, lecturing in the class, the other graduating papers, and discussion related to the topic of research.

In this research, the writer uses the observation method to collect the data for providing the relevant research. In collecting the data, the first thing that the writer does is watch the movie "American Psycho" and understand the story of the movie. The second thing is read various discussions and analyzes on the Internet about topics of research debate. The Third is find other research references related to research discussion.

The author's paper uses a Qualitative Description of (Bogdan & Biklen, 1998) research method to obtain the result. They suggest that qualitative research is descriptive when data are collected in the form of words or images rather than numbers. The researcher explains three points about the research method. The first is data sources, including primary and supporting data, the second is data collection techniques, and the third is analysis techniques. In this work, the author also uses some methods to carry out the research, which includes the source data, method and technique of data collection, and method of data analysis.

In this research, the author uses Documentary Filmmaking as the main source of data. American Psycho is a 2000 satirical psychological horror film directed by Mary Harron, who co-wrote the film with Guinevere Turner. The film is based on Bret Easton Ellis' 1991 novel of the same name, which follows the life of wealthy young investment banker Patrick Bateman in Manhattan during the Wall Street boom of the late 1980s. The film premiered at the 2000 Sundance Film Festival and was a financial success, receiving mostly positive reviews. However, it was also controversial for its depiction of violence, and was initially rated NC-17 by the Motion Picture Association of America (MPAA). The producers cut about 18 seconds of footage to give the film an R rating. The analysis of the film is based on its themes of toxic masculinity and the portrayal of the subjective mental state of the main character.

In this research, the writer has several important reasons why the writer chose Documentary Filmmaking as the object of this research. Firstly, Documentaries are a type of narrating that depicts actual occurrences, individuals and topics. They present novel viewpoints and can evoke passionate reactions as well as motivate prompts for change. Secondly, Valuable information concerning global, social, and political issues that may not be available to the public is offered by documentaries. These films are capable of changing people's viewpoints and motivating them towards transformation. Thirdly, Important social problems can be brought to light through documentaries, serving as a moral duty or motivating people to take action.

C. Results and Discussion

In this chapter, the writer would like to discuss the result of research. The writer will present the result of research in this chapter in some parts. The first analysis aims to find out The Characteristic of Psychopath undergone by Patrick Bateman and the second analysis is Factor causes Patrick Bateman act Psychopathically.

A. The Characteristic of Psychopath undergone by Patrick Bateman

a. Callousness

The first characteristics is Callousness. Callousness refers to a personality characteristic of being insensitive or hardhearted about other people's feelings, often showing a lack of emotion or sympathy for others. Patrick Bateman as a main character of this movie showing Callousness, insensitive and hardhearted to people feelings makes other persons hurt their feelings by his attitude. Evelyn feels hurt when she heard Patrick's answer. According to (Ray & Frick, 2020) Callousness is a trait characterized by a lack of sympathy, ethical guilt, and emotional.



b. Narcissism

The second characteristics is Narcissism. According to (Semenyna, 2016) Narcissism is defined as a personality trait characterized by grandiose self-esteem, a lack of empathy for others, a need for admiration and a sense of entitlement.



c. Manipulativeness

The third characteristic is Manipulativeness. According to (Al-Hindawi & Kamil, 2017) manipulation can be broadly defined as a type of covert behavior or device, whether linguistic or non-linguistic, used by manipulators in certain communication situations.



d. Emotional Detachment

The fourth characteristics is Emotional Detachment. According to (Ingoglia et al., 2011) Emotional detachment is a concept linked to the parent-adolescent relationship. This includes developing a mature, realistic and balanced understanding of parents and the ability to maintain social ties and display appropriate behaviour.



e. Lack Remorse

The fifth characteristic is Lack Remorse. According to (Banes, 2016) Remorse is the absence of regret, which is a dynamic internal state rather than a discrete emotion that emerges over time. In most general jurisdictions around the world, an offender's remorse is a well-established mitigating factor in sentencing and judges must take it into account when sentencing an offender.

B. Factor causes Patrick Bateman act Psychopathically

According to (Sidorchuk et al., 2021) Obsessive-Compulsive Disorder (OCD) is a condition distinguished by intrusive thoughts and compulsions, which may stem from genetic or environmental factors. However, referring to this disorder as "obsessive-compulsive neurosis" in clinical language has become outdated.



Factor causes Patrick Bateman act psychopathically is Obsessive Compulsive Neurotic. His obsessive and compulsive behaviors are evident throughout the story, such as his meticulous grooming and hygiene routines, and his fixation on maintaining a perfect outward appearance. These characteristics align with the symptoms of OCD, where individuals experience intrusive thoughts and engage in repetitive behaviors. Additionally, Bateman's obsessive and compulsive tendencies are often concealed to avoid being rejected or distrusted by others, which is a common characteristic of individuals with OCD.

D. Conclusion

The first is, After analyze the movie untitled American Psycho. The researcher could find the characteristics of the main character who undergone psychopath. The characteristics are Callousness, Antisocial, Manipulativeness, Emotional Detachment, Remorselessness.

Second is, Factor causes Patrick Bateman act psychopath is Obsessive Compulsive Neurotic because his obsessive and compulsive behaviors, such as his meticulous grooming and hygiene routines, and his fixation on maintaining a perfect outward appearance.

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