

CHAPTER I

INTRODUCTION

A. Background of Choosing the Subject

Motivation is an internal process that energizes and directs behavior, and motivation is whether we define it as a drive or a need, is a condition inside us that desires a change, either in the self or the environment (Reeve, 2015). For fulfilling the needs of human, or whenever they want to achieving something, they require motivation. By fulfilling the needs of human, motivation is needed as the urge for reaching an individual purposes of growth, or personal growth. The highest need of human is to achieve their true self, called “Self-actualization”.

Goldstein (1939) terms of Self-actualization refers to the idea that people have an inner drive to develop their full potential. The fulfilling process to reach their potential occurs gradually and each step should be occupied. An individual, before being a whole human, they were processing from being an infant then grow up as a child to a teenager then finally comes to a mature shape as adult. In the adulthood, a person will start seeking for their true self as a human being; about who they are, their potency, their strengths, and weaknesses, etc. Reaching into the peak of Self-actualization is not merely just stepping in a toneless way, but there is a “human need” that should be fulfilled first before reaching the Self-actualization. After the needs are met, they can finally reach the actualization. The motivations to achieve the true self drive the needs to be fulfilled. Started from the basic needs as the most fundamental needs of human, following by the next level of human’s need

until it reaches the last and the closure of human's potential seeking. Every human has their different goals, perspective, and way of life. The goals itself makes human truly 'living' for it. Without motivation, human have no purpose on what they life for. Every person has their own way to fulfill their needs and the motivation that drives them are different from each other. The elements of the needs are fixed, but each implementation for each element is different based on a person's priority and manner.

Divergent is a novel published on 2014 written by Veronica Roth. The mystery, adventurous story of Tris as the main character is wrapped with a touch of science fiction. It takes place on a dystopian state of Chicago, which the terms 'dystopian' itself stands for an imaginative state or society where there is a malignant society that contains something like law instability that traps the society in terrifying situations and lasting injustice. Tris is brave and clever girl who live in one of the factions among 5 factions build in Chicago; Erudite (the intelligence), Candor (the honest), Amity (the kindness), Abnegation (the selfless), and Dauntless (the brave). Every person must choose to be where they are belong based on the test along their will. The test always held annually whenever a person reaches their age of sixteen, deciding that the faction they are belong is either the continuous from they were on or it is going to be a new faction and they must leave their family. Tris was belonged in Abnegation from the day she was born, she was an Abnegation-born. Growing older, she feels like Abnegation is not a place she belonged and she was not fit in Abnegation because of her personality is quite the opposite of who Abnegation should be and she feel uncomfortable to be there. Yet, she was raised

as an Abnegation. But at the Aptitude test, the result was inconclusive (means she either got 0 result or more than 1 result). She being tested and got 3 aptitudes equally which is consider as rare also dangerous condition; they called them a Divergent for she got qualified as Abnegation, Erudite, and Dauntless. Divergent are hunted by Jeanine, an Erudite superior, because she believes that the Divergent able to manipulate their mind also disturb the faction system by having an imbalance of the aptitude so they can break the limitation of the factions. Because of it, Tris trained herself as Dauntless for her safety and willingly to leave the rest of her family and be a new initiate in Dauntless. There, she met Four, her instructor who also a Divergent who disguised as a Dauntless long before Tris.

The transfer from her old faction to her new faction drastically changes her, start from the environment, the comrades, the routines, and the leaders. So that, she must adapt quickly, determines her own will no matter how difficult it is to turn into something tough which she is never been before. She wants to prove herself she is worth to be the part of Dauntless, also she does not want to failing herself and going factionless. She let her fear motivates her instead of restrain her improvement. In order to achieve her goals to proving who she is as motivation drives her, she needs her needs as a human being to be fully satisfied. If the needs cannot be fulfilled, the process will be stuck and it cannot be improved. What she wants to do is to be a real Dauntless, pass through the test stages as they getting scored which determine their final result, and kicked out her past self as Abnegation. But her decision is seeming to be a mistake. She chooses to be Dauntless for hiding her identity as Divergent and to protect herself from Jeanine

who hunts the Divergent. Jeanine's main plan is to attack Abnegation because she thinks that Abnegation cannot have an authority on the government. Jeanine is the type of wicked person; she thinks Erudite is better than Abnegation. From that, she got a resentment then creates an evil plan to banish the Abnegation by controlling the Dauntless since Erudite and Abnegation has been a rival since long time ago. Eventually, Tris' identity as Divergent will be revealed and she must to survive and protect herself with the training she got from Dauntless, also protect the Abnegation by stopping the simulation that Jeanine and the rest of Erudite do with the Dauntless for attacking the Abnegation. With the existence of Divergent who can manipulate their own mind to release from any control of simulation as in the previous explained, it will ruin Jeanine's plan to rule the government of the city of Chicago.

The reason why *Divergent* is chosen by the researcher to be the object of this study is because it represents the main theme of the novel that refers to the topic of identity. This novel shown the main character that is progressing to become what she wants and what she capable of. It contains the story of the struggles which the character is facing. With the fact that the character needs to grow as an individual who seeking for their true self, it has a relevancy on the Maslow's theory of Self-actualization.

Self-actualization, as explained before, is the result of what human is motivated about. Self-actualization is on the peak of the process, yet the process is always occurring lifetime; human is always growing and becoming. Therefore, Self-actualization is on a scope of a hierarchy where it placed at the top of the hierarchy, name Hierarchy of Needs and what underneath it is the fulfillment of

one's needs to reach the top (the Self-actualization itself). A person's process of becoming upholds the needs itself. That is why, the using of Maslow's Hierarchy Needs is to elaborate the needs that should be fulfilled in order to reaching a whole self of what is the individual is capable of as a human. At the other words, human needs motivate to works towards the goals that has been set. In *Divergent*, the using of Maslow's Hierarchy of Needs is for Tris to help her attained her true self in her new Faction, Dauntless. With the fact that she is a Divergent who is in danger also derives her to survive. Jeanine's target is to kill Divergent and the Abnegation by giving a stimulus to the Dauntless, using them to launch an aggression to Abnegation and to kill Divergent who can mess the simulation (including Tris). Knowing that, Tris who is a Divergent, make use her extraordinary-rare condition who possess three factions at once, which her Aptitude test result is Abnegation, Erudite, and Dauntless, to drown herself into Dauntless compound and developing herself as Dauntless so there is no suspicion from the Jeanine towards her.

But then, Tris got a lot struggles in Dauntless as a newcomer. She got a difficulty to remain same with the others since her Divergent brains makes her think in different direction from the others; it makes her think more proper and cleverer compared to her comrades. It makes herself obvious that she was different. In a sense for surviving and with the drives of envies, nobody knows who is going to turn against her for they being competed unequally since they are chased by rank position. Because of that, her existence as Divergent will be threatened and with the fact that they are also being hunted by Jeanine. So, she practices to prevent her unusual behavior come out. It is necessary for her to adapt and remain same with

her new environment as a form of disguising her true dangerous identity as Divergent so that she can be able to appear equally as who she is without having a fear of others to be skeptical for her identity.

By using Maslow's theory of motivation, the researcher can analyze the Self-Actualization on Tris by seeing how the needs of Tris that is fulfilled which eventually leads her to completely achieve her true self, her power, and her goals to survive in this city. As the result of the needs fulfilled, the researcher analyzes Tris' behavior as a Self-Actualized person by seeing the characteristic that develops or the emerging of the new characteristic on her. Afterwards, the researcher also assumes that there is a positive well-being emerged as the influence from the Self-actualization, proven by Seligman theory of well-being.

B. Problem Formulation

The purpose of making this study is based on this research question as follows:

1. How is the Deficiency Needs of Tris before reaching her Self-actualization as a Dauntless is fulfilled by using Maslow's Hierarchy of Needs theory?
2. How does the Self-actualization effect towards the well-being of Tris in Veronica Roth's Divergent?

C. Scope of the Study

In this study, the researcher urges to analyze the five needs of Physiological Needs, Safety Needs, Love and Belonging Needs, and Esteem Needs in Tris as the main character on *Divergent* series in order to achieve the Self-actualization using Abraham Maslow's Hierarchy of Needs. The researcher also emphasizing on how the Self-actualization of Tris is portrayed. The result is pointing on the effects of the need's fulfillment which emerging the well-being of Tris.

D. Objective of Study

Based on the problem formulation, the objective of the study is:

1. To analyze how the Deficiency Needs of Tris fulfilled based on Abraham Maslow's Hierarchy of Needs.
2. To analyze how the well-being of Tris as the effects of Self-Actualization.

E. Review of the Related Studies

For the accuracy on this study purpose, the researcher needs to re-read the previous study that nearly close to the topic that the researcher chose. There is a similarity in previous study and this study which the previous study also uses Maslow's theory, but the book used and the problem focused are different. The researcher has found four previous study that refers to the object of study (*Divergent*) and the theory used (Maslow's Hierarchy of Needs).

The first previous study title is *The Main Character's Hierarchy of Needs as Reflected in Four: A Divergent Collection Novel by Veronica Roth by Putri*

Giyanwati Praditya from English Literature, Faculty of Language and Communication Science, Sultan Agung Islamic University in 2019. It talks about how the needs of the character Four in *Divergent* is reflected using Maslow's theory. This study is using a similar theoretical framework which is the Hierarchy of Needs by Abraham Maslow. But there is a difference on the objective of study, fiction figure, and problem formulation between *The Main Character's Hierarchy of Needs as Reflected in Four: A Divergent Collection Novel by Veronica Roth* by Putri Giyanwati Praditya and this research. *The Main Character's Hierarchy of Needs as Reflected in Four: A Divergent Collection Novel by Veronica Roth* by Putri Giyanwati Praditya analyzes the needs and potencies of Four, a secondary character spotted on the novel. While on this research, the researcher emphasizing more on the Self-Actualization of the main character, Beatrice Prior.

The second previous study title is by Ahmad Mutaqi Ghofari Latif from English Literature Department of Universitas Ahmad Dahlan in 2021 with title *Four's Defense Mechanism in Divergent by Roth: A Psychoanalysis Study* with the objective of study is analyzes a defense mechanism of the character Four, the secondary character, also writes a kind of anxiety occurred by Four. This study has the same object with Ahmad Mutaqi Ghofari Latif's study, but the difference is on the character analyzed and objective study taken; this study is using Maslow's Theory of Motivation on Tris while *Four's Defense Mechanism in Divergent by Roth: A Psychoanalysis Study* by Ahmad Mutaqi Ghofari use Sigmund Freud's Defense Mechanism theory on Four.

The third previous study title is *Self-actualization in The Character of Daisy Miller in Henry James' Daisy Miller*, an undergraduate thesis written by Siswanto from Department of English Letter in Sanata Dharma University in 2009. Talks about the Self-actualization of Daisy Miller in the book *Daisy Miller* using Maslow's theory, the object of study is distinct from this research, but using a same theoretical approach which contains the Hierarchy of Needs by Abraham Maslow.

The fourth previous study title is *Hierarchy of Needs Analysis of The Main Character of a Novel Entitled Flawed by Cecilia Ahern* written by Fiana Isnaeni Ronie dan Devi Hellystia from English Department, Faculty of Letters and Culture, Universitas Gunadarma at 2019. It talks about the analysis of the main character name Celestine using Maslow's Hierarchy of Needs. The difference between Fiana Isnaeni Ronie dan Devi Hellystia's study with this study is on the object of the study. *Hierarchy of Needs Analysis of The Main Character of a Novel Entitled Flawed by Cecilia Ahern* by Fiana Isnaeni Ronie dan Devi Hellystia analyzes the hierarchy of needs of the main character in the book titled *Flawed*, while this study analyzes the hierarchy of needs of the main character in the book titled *Divergent*.

F. Methods of Research

1. Data and Source of Data

- a) The primary data of the study is taken from a novel of *Divergent* by Veronica Roth in the form of words, sentences, paragraphs and so on. This novel is book-based, printed, and published by HarperCollins in Chicago on April 2014.

- b) For the secondary data, the researcher uses journals and articles for the references related to Maslow's and Seligman's theory.

2. Method of Collecting Data

The researcher uses a direct observation based on the book that chosen. In this study, the researcher uses *Divergent* novel as the main data. The researcher also uses a secondary data that necessarily came from the journals and books. In this case, the researcher analyzing the problem related from the context of the book as it includes as narration and quotation. The researcher divides Maslow's Hierarchy of Needs into a brief explanation and then classifying each need with relating to the paragraph narration and quotation in *Divergent* novel by link it with the actual phenomenon that occurs in the novel.

3. Method of Analyzing Data

The researcher uses a qualitative method. After discovering the problem that appeared on the novel, the researcher uses the theory explained for problem solving, writes down Maslow's Hierarchy of Needs as the first introduction including the general definitions following the elaborations on each sub-theory chosen.

The next, the researcher needs to elaborate the findings which can be found by relating the theory with the paragraph, narration, or quotation based on the novel. Based on the problem formulation appeared, the researcher will answer by analyzes the four needs called the Deficiency Needs (physiological needs, safety needs, love and belonging needs, and esteem needs) of Tris based on Maslow's hierarchy that appear as the needs that should be fulfilled before the

Self-actualization so that Tris can reach her Self-actualization clearly without any shortfall. The researcher also analyzes the characteristics of Self-actualized person that emerged on Tris.

For the analysis, the researcher takes the base on the theory and the novel, so the researcher connects the theories with the literary works that had been chosen to see the relevancy between them then connects each other for creating a conclusion due to the accountability of this study.

G. Presentation

The researcher writes the paper dividing the chapter into four. The first chapter consists of a background of choosing the subject as the base idea why the researcher uses the subject, the problem formulation that the researcher considers as the topic purpose for the study, the objective of the study, a review on related studies, a research methodology, and the presentation. The second chapter is the theoretical framework which consist the theory used to analyze the problems. The third chapter is the discussion which the researcher breaks down all the main context of the discussion and findings based on the problem formulated and the theory. The fourth chapter is the conclusion of the paper also as the inference of what the researcher have found and done. Last, there are a bibliography for providing the references and information to make the paper accountable.