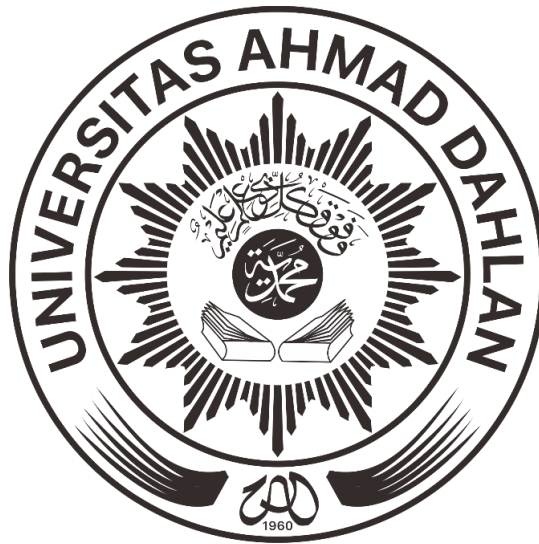


**BEHAVIOR CHANGES OF AUDREY TURNER IN SOPHIE
KINSELLA'S *FINDING AUDREY*: A PSYCHOLOGICAL APPROACH
UNDERGRADUATE THESIS**

Submitted as a Partial Fulfillment of the Requirement to Obtain *Sarjana Sastra*
Degree English Literature Department



By:

Reza Wardhani Y

NIM. 1900026210

Faculty of Literature, Culture and Communication

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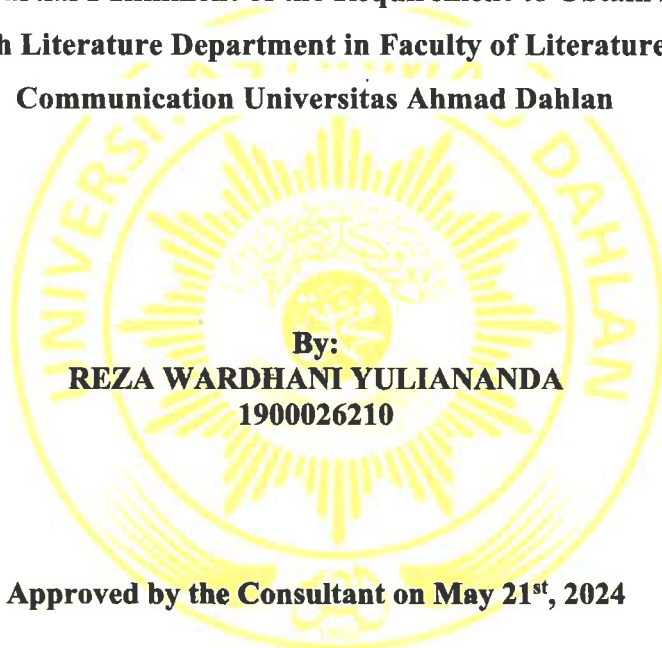
2024

APPROVAL PAGE

**BEHAVIOR CHANGES OF AUDREY TURNER IN SOPHIE KINSELLA'S
*FINDING AUDREY: A PSYCHOLOGICAL APPROACH***

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**Submitted as a Partial Fulfillment of the Requirement to Obtain *Sarjana Sastra*
Degree of English Literature Department in Faculty of Literature, Culture, and
Communication Universitas Ahmad Dahlan**



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RATIFICATION PAGE

**BEHAVIOR CHANGES OF AUDREY TURNER IN SOPHIE KINSELLA'S
*FINDING AUDREY: A PSYCHOLOGICAL APPROACH***

UNDERGRADUATE THESIS

By:

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This Undergraduate Thesis has been examined on May, 2024 and has been accepted as one of the requirements to obtain *Sarjana Sastra* Degree in English Literature Department Faculty of Literature, Culture, and Communication Universitas Ahmad Dahlan

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Herewith, I declare that all these statements, opinions, analysis, that I have written in this undergraduate thesis entitled "*BEHAVIOR CHANGES OF AUDREY TURNER IN SOPHIE KINSELLA'S FINDING AUDREY: A PSYCHOLOGICAL APPROACH*" are my original work. During the process, I maximally conducted my own observation with the help of some relevant references and sources. Every word and statement taken from these references are treated as quotation and experts in which the names of the authors and publishers are stated. If my claim related to this analysis that I made persist in the future, I would be fully responsible for my clarification.

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Dengan ini, saya menyatakan bahwa semua pernyataan, pendapat, dan analisis yang telah saya tulis dalam sarjana berjudul "*BEHAVIOR CHANGES OF AUDREY TURNER IN SOPHIE KINSELLA'S FINDING AUDREY: A PSYCHOLOGICAL APPROACH*" adalah karya asli saya. Selama proses penulisan, saya melakukan penelitian sendiri, dengan optimal dengan bantuan beberapa referensi dan saran. Setiap kata dan pernyataan yang diambil dari referensi tersebut diperlakukan sebagai kutipan dan ahli di mana nama penulis dan penerbitnya disebutkan. Dan jika nanti ditemukan bahwa karya saya adalah hasil plagiarisme, saya bersedia menerima konsekuensi hukum apapun yang mungkin dikenakan pada saya.

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Mengetahui
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Hana Farida, S.S., M.A.

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Praise be to the author to pray to the presence of Allah SWT for His mercy and grace, so that the author can complete the thesis entitled "Behavior Changes of Audrey Turner in Sophie Kinsella's *Finding Audrey: A Psychological Approach*"

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At last, the author acknowledges that this thesis is still far from perfect. Therefore, the author sincerely hopes to receive constructive criticism and suggestions, which would be immensely helpful in making improvements for future opportunities.

Yogyakarta, May 21, 2024

The Writer



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MOTTO

"Inspire others through your actions and lead by example, for the greatest leaders are those who empower and uplift those around them."

Because True leadership is not about exerting power over others but about empowering them. Great leaders provide their team or community with the tools, support, and encouragement they need to succeed. They focus on uplifting others, helping them to grow, achieve their potential, and feel valued.

-Unknown-

DEDICATION

This thesis is dedicated to:

Allah SWT and Rasulallah SAW. All praise is due to Allah SWT, and may peace and blessing be upon His servant and Messenger, Rasulallah Muhammad SAW.

Aamiin.

.....

My beloved parents Mr Sumarsono and Mrs Trusti Yuliani.

I am so grateful to have you both in my life. Thank you for your boundless love.

Thank you for your prayers, thank you for encouraging me to do this. I wouldn't

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TABLE AND PICTURE

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Yuliananda, Reza Wardhani. "Behavior Changes of Audrey Turner in Sophie Kinsella's *Finding Audrey: A Psychological Approach*". Undergraduate Thesis, Yogyakarta. Universitas Ahmad Dahlan.

ABSTRACT

This research is entitled "Behavior Changes of Audrey Turner in Sophie Kinsella's *Finding Audrey: A Psychological Approach*". The aim of this research is to analyze changes in the behavior of Audrey Turner, the main character in the novel *Finding Audrey* using Social Cognitive Theory proposed by Albert Bandura. This research also focuses on the environment around Audrey which played a role in influencing changes in Audrey's behavior. The method used to determine changes in Audrey's behavior is a descriptive qualitative method. The results of the research showed that Audrey showed a change in behavior from being an introvert to being more open to the people around her. There are three main factors; namely first, changes in Audrey's behavior were determined by bullying from her school friends, the environment and personal factors. Second, Audrey experienced a change in behavior after she observed Linus. Third, Audrey experienced a coincidence that changed her behavior since she met Linus and agreed to go to Starbucks.

Keywords: Behavior Changes, Social Cognitive Theory, Psychology.

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INTISARI

Penelitian ini berjudul Behavior Changes of Audrey Turner in Sophie Kinsella's *Finding Audrey: A Psychological Approach*. Tujuan dari penelitian ini adalah untuk menganalisis perubahan perilaku Audrey Turner, tokoh utama dalam novel *Finding Audrey* dengan menggunakan Teori Kognitif Sosial yang dikemukakan oleh Albert Bandura. Penelitian ini juga berfokus pada lingkungan sekitar Audrey yang berperan dalam mempengaruhi perubahan perilaku Audrey. Metode yang digunakan untuk mengetahui perubahan perilaku Audrey adalah metode deskriptif kualitatif. Hasil penelitian menunjukkan bahwa Audrey menunjukkan perubahan perilaku dari seorang introvert menjadi lebih terbuka terhadap orang-orang disekitarnya. Ada tiga faktor utama; yaitu pertama, perubahan perilaku Audrey ditentukan oleh perundungan dari teman sekolahnya, lingkungan dan faktor pribadi. Kedua, Audrey mengalami perubahan perilaku setelah mengamati Linus. Ketiga, Audrey mengalami suatu kebetulan yang mengubah perilakunya sejak bertemu Linus dan setuju untuk pergi ke Starbucks.

Kata Kunci: Perubahan Perilaku, Teori Kognitif Sosial, Psikologis.